



# OUTPOST

THE BRITISH CLUB  
BANGKOK

SEPTEMBER 2007

## London's Burning!



**Great Fire Issue**

Sunday carvery returns – poolside

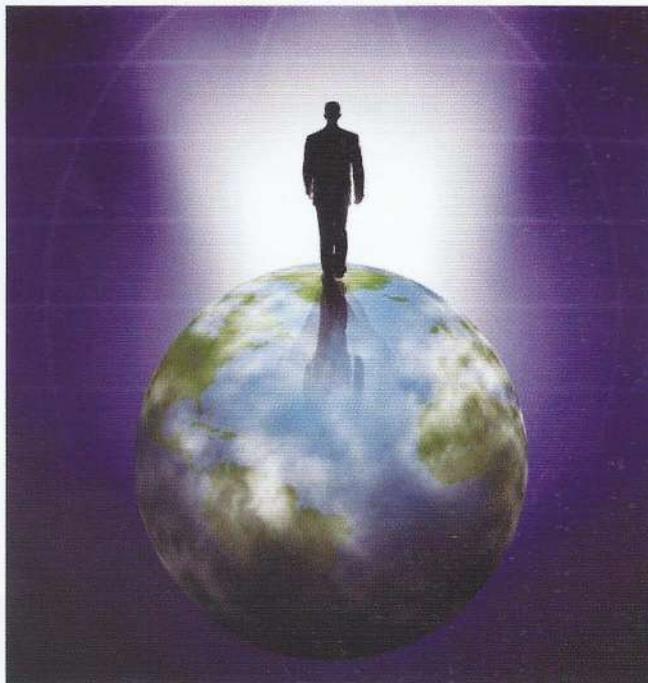
New CEO Michael Silcock, Rugby World Cup live, CATS in Bangkok, Yoga with Khun Tong

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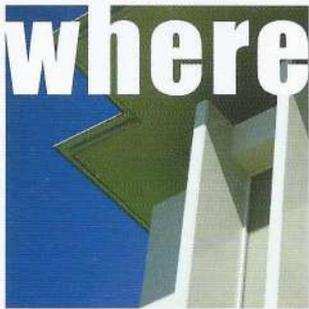
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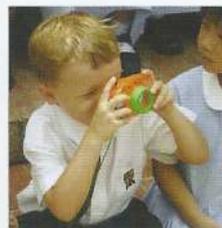
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creativity

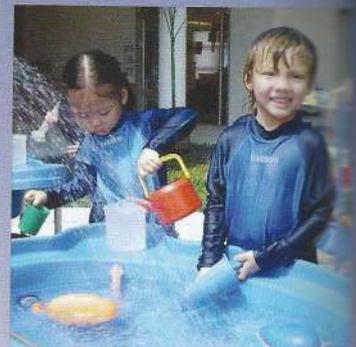
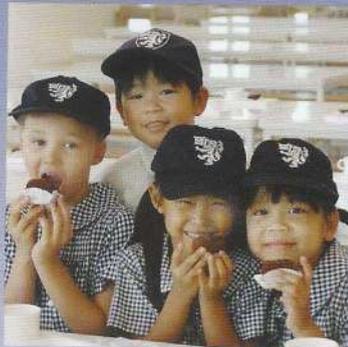
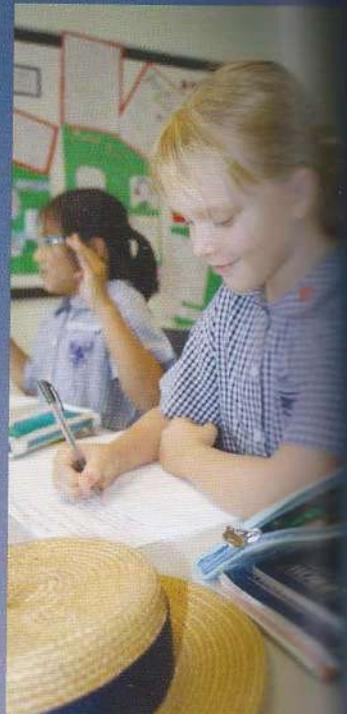
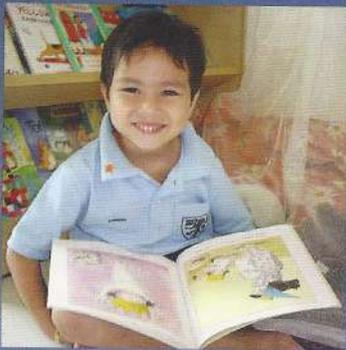
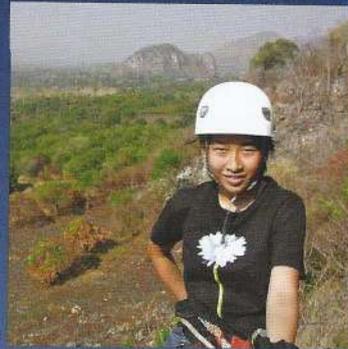
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THE BRITISH CLUB  
BANGKOK



One of our more interesting reciprocal clubs, the Explorer's Club serves as a meeting point and unifying force for explorers and scientists worldwide. See pages 36-37.

## London's burning!

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Old London always had a problem with fire. Following the Norman Conquest in 1066, King William the Conqueror insisted that all fires in London should be put out at night to reduce the risk of fire in houses with straw 'carpets' and thatched roofs. William's law of *couvre-feu* (literally - cover fire) became the modern term *curfew*. Even so, a huge fire destroyed a large part of the city in 1212 and was said to have killed some 3,000 people. This fire was known as the Great Fire of London - until September 2nd 1666.

The last "Great Fire" started on Sunday in a baker's shop in Pudding Lane. He'd forgotten to douse the fire in his oven when he went to bed at 10pm. The fire somehow set light to nearby stacked firewood and by 1am the shop and house were burning furiously and straw in the yard of the Star Inn next door was alight.

The fire spread rapidly in the London of 1666, a city of half timbered and pitch covered medieval buildings, many with thatched roofs. Burning embers from the fire set alight roofs and houses as they fell. The fire quickly became too fierce to be fought with the crude hand operated devices that were all that was available.

The Mayor was awoken and arrived at the scene some time around 3am, when the fire was already consuming the adjoining houses and creeping towards the paper warehouses and flammable stores on the riverfront. Rejecting calls to demolish houses to contain the fire, he made his famous remark, "Pish! A woman could piss it out", and left.

By Sunday afternoon, the fire had become a raging firestorm which created its own weather. The narrow streets and overhanging buildings produced a kind of 'chimney effect' with fresh air being sucked in at ground level to turbocharge the fire. The tremendous uprush of hot air above the flames spread sparks and flaming debris this way and that, setting light to more buildings in a wide radius.

As luck would have it, Old St Pauls was being repaired at the time of the fire and was covered with wooden scaffolding, which caught fire on Tuesday night and then ignited the timbered roof beams, the heat from which started to melt the lead roof. "The stones of Paules flew like granados, the melting lead running downe the streets in a streame . . ." reported Evelyn in his diary. The cathedral was quickly a ruin.

Alarmed by Pepys' description of the conflagration, King Charles II decided to override the Mayor's authority and sent his brother the Duke of York to sort things out. This he did with considerable determination, blowing up swathes of houses with gunpowder, until the fire was eventually halted on the Wednesday, but probably more the result of a drop in the wind than anything else.

By the end of the fire some four fifths of the City had been destroyed, approximately 13,200 houses, 87 churches and 50 Livery Halls over an area of 436 acres. The fire was supposed to have claimed only a few lives, but some historians argue convincingly that, given its intensity, deaths would have been in the hundreds if not thousands.

### Billy Beefeater



The Great Fire of London, 1666, as it would have appeared

on the evening of Tuesday 4th September. (Artist unknown, c1666) Image courtesy Museum of London.

### OUTPOST MAGAZINE

The contents of this magazine are not necessarily the opinion of the Editor, the General Committee or the Club's management. Criticisms and suggestions are welcomed by the Club's management or by Veritas Enterprises.

OUTPOST is produced on behalf of the British Club by Veritas Enterprises. For advertising inquiries contact Jim Fowler (081-844-7015 or Jim@VeritasEnterprises.com); and for editorial matters contact the Editor at OutpostEditor@VeritasGraphics.com

The British Club is a family, social and sporting club set in relaxing grounds, conveniently located between Silom and Surawongse Roads, with an ever-growing international membership.

### The British Club

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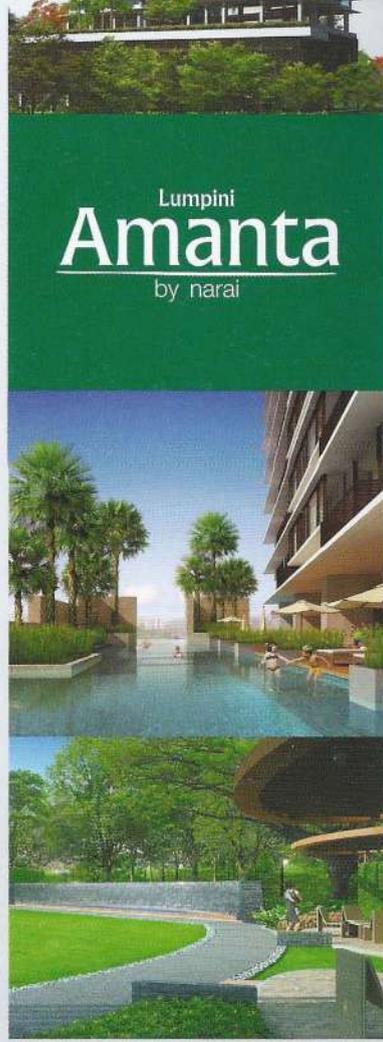
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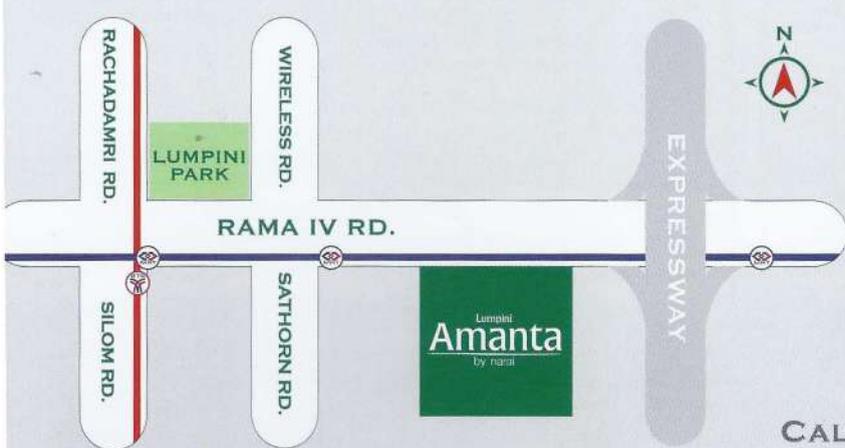
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Amanta Lumpini. Project owner : Nayara Estate Co., Ltd. 9/280 Moo 7 Phibulsongkhram Road, Suan Yai, Muang, Nonthaburi. Registered capital : 1 million baht (fully paid) Developer : Narai Property Co., Ltd. Managing Director : Mrs. Pachara Nithivasin. Project location : Rama IV Road, Tungmahamek, Sathorn, Bangkok. Total project Area : Approximately 4-1-07.5 Rai. Land Title Deeds No. : 5636, 5738, 6031. Project size : 1 building, 44 storey, 289 units. The land is under obligation with BankThai Plc. Construction permit application is being processed by Building Control Division of BMA. Construction start : 2007. Expected Completion : 2010. Juristic Person will be registered after project completion.



# Letter from **the Chair**



**Dear Members,**

Welcome back to those of you who have taken holidays during July and August. If you were in the UK, this year's holiday period was in stark contrast to last year's very hot summer, with the country experiencing an unusually damp summer this year.

In late August, Michael Silcock joined us as CEO. Michael brings to the British Club a wealth of experience as the senior manager of a number of members clubs in Australia. Most recently Michael spent nine years as the CEO of the Mulgrave Country Club in Melbourne which received the **Club of the Year Award** and Michael received **Club Manager of the Year** in November last year as judged by the Licensed Clubs peak body, Clubs

Victoria (Australia) for the year 2005 to 2006. I am sure that you will make him feel most welcome here at the Club.

As I have already communicated to you by letter, the progress of the Phase I development work has been extremely disappointing, and several completion dates given to us by the contractor have not been met. The need for decisive action is clear and we have now given the contractor notice that, if the work is not fully completed by August 24<sup>th</sup>, we will be forced to engage another contractor to complete the outstanding work and rectify the defects in both bars. Should we take this course of action, our financial projections indicate we will remain under budget for the project.

I look forward to seeing you around the Club.

Yours sincerely,

**Dr Stuart Blacksell**

*Chairman*

*BCB General Committee 2007/2008*

## and from **the new CEO . . .**

**Members of the British Club Bangkok,**

It is with great pleasure that I have recently accepted the position of Chief Executive Officer of your great Club.

I feel most honoured to be given the opportunity to head the management team of one of the most historic and unique member clubs in Asia, and thank the General Committee for their confidence in me. As some of you will know I was a candidate in June last year in the first round of interviews for the newly created position and am now finally taking up the position more than one year later.

I have over 12 years continuous service in managing large member clubs in Melbourne Australia, my last General Manager position being for 9 years with Mulgrave Country Club ([www.mulgravecc.com.au](http://www.mulgravecc.com.au)) where I was involved with a successful redevelopment costing the equivalent of 250 million Baht.

I believe I have the experience, expertise and commitment to make the transition to successfully lead the Senior Management Team over the next years as the BCB also undergoes a period of change and development that will certainly redefine the Club as the premium expatriate social and sporting club facility in Thailand. It is however equally important to preserve all those things that make BCB unique and constitute the culture of the Club. My management style is transparent and consultative and focused on members' needs and enjoyment of **their club**.

In every club there are unpopular policies and directions taken from time to time and it is one of my tasks to ensure that all members of the BCB feel that they are listened to with consideration and that their suggestions and comments are noted and acted upon where possible. It is also my task to ensure that members' facilities and enjoyment of their Club will be enhanced - through efficient operation of the Club's finances, improved marketing strategies & training and through effective communication with member groups.

I will use the expertise and club knowledge of the Senior Management Team to achieve stability and continual improvement in our organization so that all stakeholders' needs are considered and the Club continues to thrive.

I am looking forward to meeting all members over the coming months and years and the challenges that serving the British Club Bangkok will bring.

**Michael Silcock**  
*Chief Executive Officer*



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## Everything's in stock!

**Dear Members,**

Welcome back to all the members who left for the long school holidays. I hope you all had a pleasant time away and are ready to get back into the swing of things here at the Club. We are now fast approaching our busiest and most exciting time of the year. Apart from the regular monthly activities we have a whole host of activities taking place over the coming months. There's our Children's Halloween Party on October 28<sup>th</sup> and in November are off to Chokchai Farm for a home stay weekend. Also in November we are once again celebrating the Thai festival of Loy Krathong at the beautiful Suan Thip Restaurant and on November 4<sup>th</sup> we hold our annual Guy Fawkes celebration with a new look this year as we have changed and upgraded the fireworks company.

As you can see there'll be plenty to keep you coming down to the Club. For a full roundup of events taking place please check out the calendar page each month in *Outpost*.

Now is the time also to consider your Christmas Party. The Club's catering service is very busy over this period so please contact Khun Koy or myself now to reserve dates and avoid disappointment. The Club can cater to any requirements, taste or budget. We are continually re-creating menus to suit members' needs. We are now open for bookings for Christmas Lunch and Dinner and we're also taking bookings for the Christmas Ball and even the New Year's Cruise!! In next month's *Outpost* we will be including our Christmas Order list. Once again please try to get your orders in ASAP to ensure we have enough stock.

Poolside has seen a number of delicious buffets over the past month or so, starting with the Lao Day buffet, and then on the 12<sup>th</sup> of August we celebrated Mothers Day with a buffet and carvery with Mum getting a free glass of wine (see page 19) and later in August we celebrated the Notting Hill Carnival with a Caribbean BBQ and Buffet along with a range of cocktails. Unfortunately we were not able to find a steel band here in Bangkok - but we were looking! We also held our monthly wine tasting and a Hogwarts Party for children - see pages 16-17 for more details.

We now have a new Yoga Instructor at the Club - his name is Khun Tong. See page 30 for photos and to book please contact the Fitness Centre.

You'll be pleased to hear that the problems with

the Draught beer at Poolside have been solved - a brand new cooler unit has been installed and Heineken

Draught beer is now back on tap. Unfortunately the draught Singha

volume was not high enough and this has been removed, but if you wish for a pint

of Draught Singha beer then just ask the staff and they will bring it for you from the Churchill Bar. We have also added 11 new wines to the Churchill wine list due to complaints from members about lack of choice. You can now enjoy Champagne, four house wines, and a variety of other wines ranging in taste and price to suit all pockets. At poolside, a new non-slip coating has been applied to the tiles in the baby changing room and new parasols to replace the broken and faded ones.

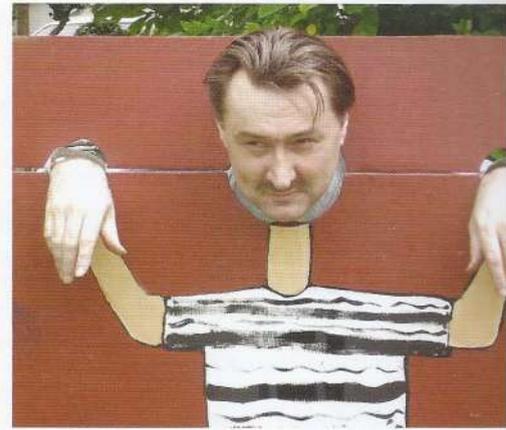
We have recently bought tickets to the Andrew Lloyd Webber hit musical 'CATS' that is showing in Bangkok through November. We have secured excellent seats for the evening show on Saturday November 17<sup>th</sup> - see page 8 for further information.

The Lost Property Box has been relocated: Khun Amnaj and his staff in the Fitness Centre are in charge and lost property should be handed to the Fitness Centre. All lost property will be kept for one month after which it will be thrown away.

We have re-launched our Member-Get-Member scheme. You can earn credit to your account simply by introducing a prospective member who joins the Club with full membership (not on the monthly scheme) as a result of your introduction. For each new member introduced you will get credited to your Club account 3,300 baht, and the more members you introduce the more you earn!! For further info please contact myself, Khun Prem or the Membership department. The Club is always on the lookout for additional members to enjoy this oasis of calm in the vibrant Big Mango.

Regards,

**Barry Osborne**  
General Manager



*Just another day at the office*

# WHAT'S GOING ON

## Special Events at the Club this month

### \*\* TEN FACES OF DOCTOR WHO

Sunday, 2<sup>nd</sup> September, 10am, Clubhouse  
See opposite page for details.

### \*\* DETECTIVE VDO NIGHT - MORSE

Thursday, 6<sup>th</sup> September, 7-9pm, Suriwongse Room

We continue our showing of the entire series of Inspector Morse this month with the episode: THE DAY OF THE DEVIL: *A deadly game of wits ensues when Morse must track down a dangerous and clever psychiatric patient who escapes from a local hospital.* There is no charge for this event but we ask members to please book in advance as this helps us with our seating arrangements. Full F&B service is available.

### \*\* 2007 RUGBY WORLD CUP

From Saturday, 8<sup>th</sup> September, all month, Churchill Bar

See opposite page for details.

### \*\* FORMULA ONE – ITALIAN GRAND PRIX

Sunday, 9<sup>th</sup> September, 7pm, Churchill Bar  
See page 10 for details.

### \*\* DETECTIVE VDO NIGHT – PRIME SUSPECT

Thursday, 13<sup>th</sup> September, 7-10pm, Suriwongse Room

This month we will show the second episode from the hit British detective series "Prime Suspect" starring Helen Mirren as Detective Jane Tennison. This series went on to run for seven seasons and won a number of BAFTA awards. There is no charge for this event but we ask members to please book in advance as this helps us with our seating arrangements. Full F&B service is available. This episode runs for 3 hours and 10 minutes.

### \*\* TEN FACES OF DOCTOR WHO

Sunday, 16<sup>th</sup> September, 11am, Clubhouse  
See opposite page for details.

### \*\* FORMULA ONE – BELGIAN GRAND PRIX

Sunday, 16<sup>th</sup> September, 7pm, Churchill Bar  
See page 10 for details.

### \*\* QUIZ NIGHT

Tuesday, 18<sup>th</sup> September, 7.30pm, Suriwongse Room

The September round of the monthly BRITISH CLUB BAR QUIZ will be held in the Suriwongse Room, with a special Quiz Night menu available from 6.30pm. As usual Bangkok's premier Quizmaster, Rodney Bain, will be asking four rounds of 19 questions (on a range of subjects from Asia to Famous People) each ending in the dreaded "Common Denominator". Prizes go to First, Second, Third and 'Second to Last', and in addition, there are also three 'between round' questions where your team has the chance to win a bottle of wine sponsored by Crown Worldwide Relocations. So, get a team of friends (up to six) to come along to join in the fun, or just pop along to see if we can fit you in. The cost to enter is 100 Baht per person.

### \*\* BRITISH CLUB CLASSIC MOVIE NIGHT

Thursday, 27<sup>th</sup> September, 7-8.30pm, Wordsworth Room

"When the Wind Blows". See opposite page for details.

### \*\* MONTHLY WINE TASTING

Friday, 28<sup>th</sup> September, 6-9pm, Suriwongse Room

Join us for our regular monthly wine tasting completely free of charge and featuring wines from all over the world. Four companies will be here to let members try unlimited samples of their wines. Members can also purchase wines at specially discounted prices and the Club will create a range of canapés to compliment the wines. What a great way to start the weekend - free wines in the comfort of your Club.

### \*\* ST DAVID'S SOCIETY 'MURDER MYSTERY' DINNER

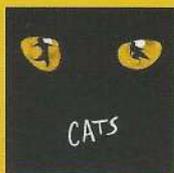
Saturday, 29<sup>th</sup> September, 7pm, Suriwongse Room  
See page 15 for details.

### \*\* FORMULA ONE – CHINESE GRAND PRIX

Sunday, 30<sup>th</sup> September, 1pm, Churchill Bar  
See page 10 for details.

Coming soon to Bangkok!

# CATS



One of the most famous and longest running musicals of all time!

International cast  
Breathtaking visuals  
Full digital sound

The British Club has booked a limited number of tickets for this award-winning Andrew Lloyd Webber musical.

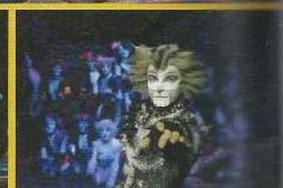
Tickets 4,500 baht (include transportation from/to BCB).  
Coaches leave at 5.30pm for the 7pm show.

To book your tickets send a fax or email to the Club or sign up at the Clubhouse reception.

**THIS IS THE REAL THING! The international world tour cast is being brought to Thailand by Andrew Lloyd Webber's 'Really Useful' Company.**

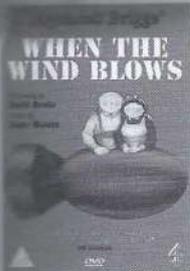
'CATS'

Saturday, November 17<sup>th</sup>, Muang Thai Ratchadalai Theatre, 7pm.



**BRITISH CLUB CLASSIC MOVIE NIGHT**

27<sup>th</sup> SEPTEMBER 2007



**"WHEN THE WIND BLOWS"**

To start off a season of monthly Classic Movie Nights we are showing "When The Wind Blows" voiced by John Mills and Peggy Ashcroft.

"With the help of government-issued pamphlets, an elderly British couple build a shelter and prepare for an impending nuclear attack, unaware that times and the nature of war have changed from their romantic memories of World War II!"

The movie is based on a book by Raymond Briggs (author of 'The Snowman').

The movie will be shown in the Wordsworth Lounge starting at 7pm.

**"THE TEN FACES OF DOCTOR WHO"**



Doctor Who is back for the remainder of the year with ten exciting episodes, one from each different Doctor.

August started with The Dead Planet featuring the First Doctor (William Hartnell), and in September we have The Mind Robber (Patrick Troughton) and Spearhead from Space (Jon Pertwee).

The whole schedule is:

- September 2<sup>nd</sup>: The Mind Robber (Patrick Troughton)
- September 16<sup>th</sup>: Spearhead from Space (Jon Pertwee)
- October 7<sup>th</sup>: Genesis of the Daleks (Tom Baker)
- October 21<sup>st</sup>: Mawdryn Undead (Peter Davison)
- November 11<sup>th</sup>: The Two Doctors (Patrick Troughton and Colin Baker)
- November 25<sup>th</sup>: Battlefield (Sylvester McCoy)
- December 9<sup>th</sup>: The Enemy Within (Sylvester McCoy and Paul McGann)
- December 23<sup>rd</sup>: An Empty Child (Christopher Eccleston)
- January 13<sup>th</sup>: Voyage of the Damned (David Tennant)

All children from 8 to 80 are welcome!



**2007 RUGBY WORLD CUP**

Can England repeat their 2003 victory? Will Australia gain their revenge? Can France maximise their home advantage? All this and more will be played out over seven weeks in September and October 2007 as we watch the **2007 RUGBY WORLD CUP** from France.

September sees the traditional group league matches and in October we see the Quarterfinals, Semi-Finals and Finals based upon the first and second placed teams of each Group.

The Groups are:

Group A	Group B
England	Australia
Samoa	Canada
South Africa	Fiji
Tonga	Japan
USA	Wales

Group C	Group D
New Zealand	Argentina
Italy	France
Portugal	Georgia
Romania	Ireland
Scotland	Namibia

Sadly for us, many games will be played early morning Thai time but **we will be broadcasting all games** in the Churchill Bar. However, if there is no-one present for the last game each evening/early morning then the Bar will close at 1am.

In addition, for those 'home team games' starting at 1am or 2am we will keep the main Kitchen open until 1am for those wanting a late night feast! See \* in schedule for such matches.

\* Kitchen will stay open until 1am.

The FIRST ROUND schedule is:

Day	Date	Match	Start Time
Saturday	8 <sup>th</sup> Sep	France v Argentina	2am
		<b>Australia</b> v Japan	8.45pm
		<b>England</b> v USA	11pm
Sunday	9 <sup>th</sup> Sep	<b>Wales</b> v Canada	7pm
		South Africa v Samoa	9pm
		<b>Scotland</b> v Portugal	11pm
Monday	10 <sup>th</sup> Sep	Ireland v Namibia	1am
Wednesday	12 <sup>th</sup> Sep	Argentina v Georgia	1am
		USA v Tonga	7pm
		Japan v Fiji	11pm
Thursday	13 <sup>th</sup> Sep	Italy v Romania	1am
Saturday	15 <sup>th</sup> Sep	<b>England</b> v South Africa	2am *
		<b>New Zealand</b> v Portugal	6pm
		<b>Wales</b> v Australia	8pm
Sunday	16 <sup>th</sup> Sep	Ireland v Georgia	2am
		Fiji v <b>Canada</b>	7pm
		Samoa v Tonga	9pm
Tuesday	18 <sup>th</sup> Sep	France v Namibia	2am
Wednesday	19 <sup>th</sup> Sep	<b>Scotland</b> v Romania	2am*
Thursday	20 <sup>th</sup> Sep	Italy v Portugal	1am
Friday	21 <sup>st</sup> Sep	<b>Wales</b> v Japan	2am *
Saturday	22 <sup>nd</sup> Sep	France v Ireland	2am
		South Africa v Tonga	7pm
		<b>England</b> v Samoa	9pm
Sunday	23 <sup>rd</sup> Sep	Argentina v Namibia	2am
		<b>Australia</b> v Fiji	7.30pm
		<b>Scotland</b> v <b>New Zealand</b>	10pm
Tuesday	25 <sup>th</sup> Sep	<b>Canada</b> v Japan	11pm
Wednesday	26 <sup>th</sup> Sep	Romania v Portugal	1am
		Georgia v Namibia	11pm
Thursday	27 <sup>th</sup> Sep	Samoa v USA	1am
Saturday	29 <sup>th</sup> Sep	<b>England</b> v Tonga	2am *
		<b>New Zealand</b> v Romania	6pm
		<b>Australia</b> v <b>Canada</b>	8pm
Sunday	30 <sup>th</sup> Sep	<b>Wales</b> v Fiji	10pm
		<b>Scotland</b> v Italy	2am *
		France v Georgia	8pm
Monday	1 <sup>st</sup> Oct	Ireland v Argentina	10pm
		South Africa v USA	1am

# FORMULA ONE - LAST EUROPEAN RACES

The 2007 season seems to have sped by and we are now down to the last five races, including the last two of the European tour. After an exciting Hungarian Grand Prix Qualifier (the infamous 'Alonso delays Hamilton' race) our young English rookie is still at the top of the Championship table as we go to press - but can he stay the distance and give us our first English F1 Champion since Damon Hill in 1996?



In September we visit Italy, Belgium and China:

- In Italy we visit the Autodromo Nazionale di Monza near the town of Monza, north of Milan. It is one of the most historic motor racing circuits in the world having first been built in 1922 and major features include the *Curva di Lesmo*, the *Curva Parabolica*, and the *Variante Ascari*.
- In Belgium we make a welcome return to the Circuit de Spa-Francorchamps. Built in 1924 it is considered to be one of the most challenging race tracks in the world, mainly due to its fast, hilly and twisty nature and it features one of the most famous and dangerous sections of any racing track in the world, the *Eau Rouge* complex.
- China is a newcomer to the F1 championship, now in only its fourth year. The Shanghai International Circuit is situated in the district of Jiading near Shanghai and was designed to resemble the Chinese character shang (上), the first word in the name of the city Shanghai - it also means 'above' or 'ascend'.

As usual, Formula 1 will be shown LIVE in the Churchill Bar each evening. Make sure you arrive early to grab a good seat!

Dates	Race	Time
Sunday 9 <sup>th</sup> September	Italian Grand Prix	7pm* to 8.40pm
Sunday 16 <sup>th</sup> September	Belgium Grand Prix	7pm* to 8.40pm
Sunday 30 <sup>th</sup> September	Chinese Grand Prix	1pm** to 2.40pm

\* TV Coverage starts at 6.30pm/\*\* TV Coverage starts at 12.30pm



## FIVES, FULL HOUSE, CHOICE OR BALUT!

### 27<sup>th</sup> STC INTERPORT BALUT COMPETITION

DATE: 23<sup>rd</sup> - 24<sup>th</sup> November, 2007

Venue: The Sarawak Club

JALAN TAMAN BUDAYA, 93000 KUCHING, SARAWAK, MALAYSIA



Members visiting the Churchill Bar of late will have seen a rapid increase in the number of members playing Balut, the dice game introduced to the Club last February: usually you will see four or five guys sitting around the horseshoe with someone stating "Fives, Full House, Choice or Balut" and you will next hear a dull thud and, occasionally, someone shouting (not too loud one hopes) "Balut!".

Well it started as a challenge from the Tanglin Club, Singapore to learn the game and play them as a tournament in Bangkok in April, and we won. Next came the Singapore Cricket Club in June and, well, we won again! Now the sport is officially recognised by the Club as a Club Section and it is aimed to organise a number of similar tournaments both home and away for Balut playing clubs.

In the meantime the Section will prepare itself for regular Balut nights and for the forthcoming 27<sup>th</sup> STC Interport Balut Championship, as well as the daily Bar Balut sessions enjoyed by many members.

#### BALUT NIGHTS

Once the Section has had its first AGM (late August), it will elect officers and schedule a monthly Balut Night, whereby in a secluded room Balut will be played in tournament conditions. There will be a league table of highest scorers and highest average scorers, etc.

#### 27<sup>th</sup> STC INTERPORT BALUT CHAMPIONSHIP

This will be held at the Sarawak Club in Kuching, Malaysia from 23<sup>rd</sup> to 24<sup>th</sup> November 2007 and will feature teams from 30 or so clubs around Asia. Entry is a mere RM350 per team (including F&B). So far we have one team entered (Roger & Caroline Willbourn, Stephen Eaton and Karen Bye) but we are looking for others to form a second team for what will be a glorious weekend of fun, friendship, Balut and possibly some booze! If you are interested please email Stephen Eaton who will pass your email on to Roger. Steve is on [eatonsteve2000@yahoo.com](mailto:eatonsteve2000@yahoo.com).

#### BAR BALUT

This will run as often as members want but seems to be almost nightly at present. The British Club Balut sets and mats are kept behind the Churchill Bar. If you want to play, just ask for a set (and a pencil!). If you do not know how to play ... just ask!!

#### Balut

The game consists of 7 rounds. In each round, you roll five ordinary dice and then score the roll in one of seven categories:

- > 'Fours'/'Fives'/'Sixes' - based upon the number of each you roll.
- > 'Straight' - like Poker, a run from 1-5 or 2-6
- > 'Choice' - again like Poker, a set of three and a pair
- > 'Balut' - all five dice with the same number.

If you fail to score in one category you must scratch it. Once you have scored or scratched in each category, all the scores are then totalled and the winner declared!

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Soi Dog  
rescue

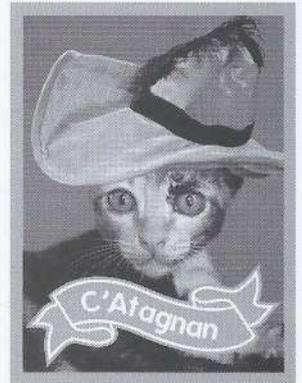
เพื่อนสุนัขจรจัด

[www.soidogrescue.org](http://www.soidogrescue.org)

**K**itty C'Atagnan is down on his luck no more! He was rescued by the good folk at SCADbangkok, and today his dashing 'pawtrait' helps to raise funds for all the friends he had to leave behind on the streets. If you can't adopt but still want to help, then consider joining SCAD's "**Muttkeeter Sponsorship**" programme and support the treatment and neutering costs of the cats and dogs in their care.

**A GREAT GIFT IDEA...**  
*Why not give a Muttkeeter Sponsorship Certificate to family or friends - it's a gift of kindness they'll surely enjoy and appreciate.*

For more information visit:  
[www.SCADbangkok.org](http://www.SCADbangkok.org) and  
view ABC / Sponsorship  
or Call Teng: 084 942 7154  
Email:  
[sponsorship@scadbangkok.org](mailto:sponsorship@scadbangkok.org)



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2007  
EDITION

# REGULAR WEEKLY EVENTS

## MONDAYS Wordsworth Lounge

9:00am-12:00noon

## TUESDAYS Churchill Bar

8:30pm-late

## WEDNESDAYS Churchill Bar

7:00pm and 8:00pm

7:30pm

## THURSDAYS Churchill Bar

6:30-9:30pm

### Silom Sala

7:00pm and 9:00pm

## SUNDAYS Silom Sala

Noon-3:00pm

### Silom Room

1:00-3:00pm

### Suriwongse Room

3:00pm onwards

BWG Mahjong

Spoofing

### PRESTIGE WINE ACCUMULATOR

Any member could win from Bt 5,000 to Bt 25,000 - prize increases each week.

BOTTLE DRAW - somebody present in the Bar will win a bottle of whisky, tequila, vodka or gin.

Chess (First and Third Thursdays)

Kids' VDO It's free. Includes free Nestle Sundaes for the kids.

FAMILY CARVERY - Choose from 2 soups, cold cuts, 3 roasts carvery, with potatoes and veggies, hot dishes, children's buffet, fresh salad bar and a range of desserts.

CHILDREN'S ACTIVITIES. Games, videos, crafts, soft drinks and snacks with Khun Susie. Cost: FREE

Bridge tournament (except last Sunday in the month)

**SUNDAY CARVERY: As from 19<sup>th</sup> August, we have re-launched the Sunday Carvery in the new venue of the Silom Sala, due to the popularity of the Mothers Day buffet. No need to book - just come along and tuck in! And don't forget, Susie has free kids' activities in the Silom Room from 1 to 3pm.**

**Due to renovations, other regular Buffets are not available in September unless advertised at the Club. Please check Club notice boards for the latest information.**

## Official Opening Times

10:00am - 11:00pm

7:00am - 10:00pm

6:00am - 10:00pm

6:00am - 9:00pm

9:00am - 6:00pm

Churchill Bar

Poolside Bar (last food orders - 9:30pm)

Fitness Centre (Mon-Fri)

Fitness Centre (weekends)

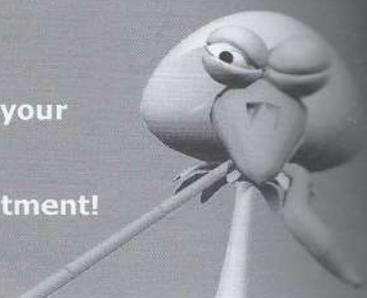
Thai Massage (Tues-Sun)

## The Early Bird gets FIRST CHOICE!

Secure the function date you want - or need - by booking your CHRISTMAS or NEW YEAR'S PARTY NOW!

Club resources are limited, so act quickly to avoid disappointment!

Email Barry Osborne on [GM@britishclubbangkok.org](mailto:GM@britishclubbangkok.org)



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Contact Tel. no. Bangkok +66-2651-9600 Fax no. +66-2651-9614



# SUSIE'S Kids Korner

Join me in the Silom Room every Sunday!

## LEARNING IS FUN!



### Make a Groovy Lava Lite

A fun way to examine the principles of density and immiscible liquids (fluids that just won't mix) is by creating a homemade version of that classic mind-expanding device, the lava lite.

#### PSYCHEDELIC SCIENCE MATERIALS:

- Glass jar
- Water with food colouring added
- Vegetable oil
- Shaker filled with salt

#### TO DO:

Fill a glass jar with about 3 inches of water and add food colouring until you get a nice deep shade, as in the picture. Add 1/3 cup of vegetable oil and wait until the layers settle. Watching carefully, shake salt into the jar while you count to five. The oil and salt should form a glob and sink to the bottom of the jar. As the salt dissolves in the water, the oil should float back to the top. Keep adding more salt to watch the action repeat. As you sprinkle on the salt, watch the globs of oil sink, rest on the bottom, then rise again.



#### WHAT'S GOING ON & WHY:

At first, the oil floats on the water because it's lighter—or, more accurately, it's less dense than the water. It also doesn't mix with water, so it won't dissolve. The salt, however, is denser than the water and does dissolve. When you shake it onto the oil, it clings and drags a glob to the bottom. In time, however, the salt starts to dissolve in the water. At a certain point, it can no longer hold down the oil glob, which then floats back up to the surface.

### BACK TO SCHOOL



● The children were lined up in the cafeteria of a Catholic elementary school for lunch. At the head of the table was a large pile of apples. The nun made a note, and posted it on the apple tray: "Take only ONE. God is watching."  
Moving further along the lunch line, at the other end of the table was a large pile of chocolate chip cookies. A child had written a note, "Take all you want. God is watching the apples."

● Little Johnny wasn't getting good marks in school. One day he surprised the teacher with an announcement. He tapped her on the shoulder and said, "I don't want to scare you, but my daddy says if I don't start getting better grades, somebody is going to get a spanking!"

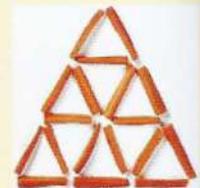
### Gumdrop and Toothpick Constructions

Did you know the triangle is stronger than the square? It's also the building block of the geodesic dome, the Ferris wheel and the truss bridge. Prove it with this gumdrop and toothpick construction.



Empty a bag of gumdrops, put out a package of toothpicks and see what grows from your imagination. Start with a simple triangle formed with three toothpicks for sides and three gumdrops, firmly speared, for corners. Continue by adding two more toothpicks and one more gumdrop to form an adjoining triangle. Once you get the hang of it, challenge yourself to build a bridge strong enough to hold a pile of books.  
Enjoy the finished structures while they last. Triangles are strong, but the candies will dry out and crumble—or be eaten.

### Carrot Stick Brainteaser



To solve the puzzle, arrange 18 carrot sticks into nine equal-sided (equilateral) triangles as shown. The challenge is to remove three sticks to change the pattern into six equilateral triangles. Like any good brainteaser, this carrot stick puzzle has several possible solutions. See how many different ways you can solve the problem.

ONE SOLUTION is shown on page 37, but WAIT! Try to solve the brainteaser first!

● "Isn't the principal a dummy!" said a boy to a girl.  
"Well, do you know who I am?" asked the girl.  
"No," replied the boy.  
"I'm the principal's daughter," said the girl.  
"And do you know who I am?" asked the boy.  
"No," she replied.  
"Thank goodness!" said the boy, moving away hastily.

● A man in a hurry taking his eight-year-old son to school made a turn at a red light where it was prohibited.  
"Uh-oh, I think I just made an illegal turn!" the man said.  
"It's okay, Dad," the boy said, "The police car right behind us did the same thing."



**The St David's Society Presents**

**A Murder Mystery Game**

**The Shotgun Affair**

**Saturday 29th September 2007**

**7.00pm**

**The British Club**

**Come and join us for a murder mystery game evening of great fun and magnificent food**

**Society Members - 1000 Baht**

**Non-members - 1300 Baht**

**To book your place contact Roger Kimber -**

**02 258 9356, or**

**rnkimber@hotmail.com**

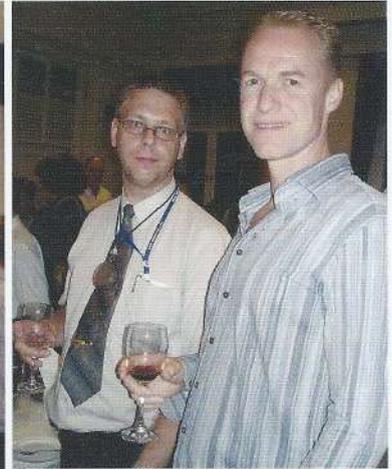
**Can you work out who "done it"?**

*Image from Cheatwell Games*

# LOOKING BACK

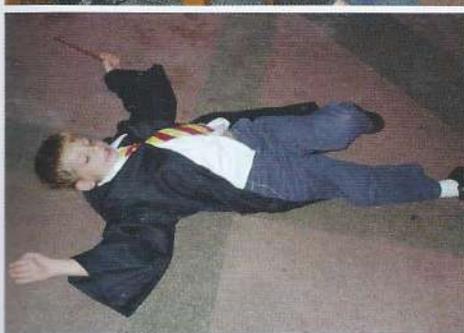
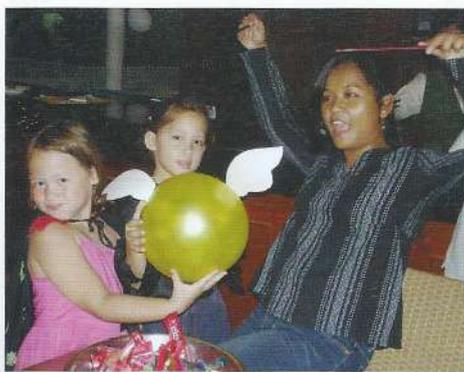
“ . . . good wine makes good blood, good blood causeth good humors, good humors cause good thoughts, good thoughts bring forth good works, good works carry a man to heaven, ergo, good wine carrieth a man to heaven. ”

*James Howell (British writer, 1634)*



The latest wine tasting at the Club on Friday 27th of July, despite being in our quiet season, attracted over 70 members. We originally thought we had four companies booked but were more than pleased when six companies came along to set up!! Thanks to Prestige Wines, Asian Foods Ltd, Nicholas Wines, South African Winery, Grand President Wines and Festive Wine Company. The wines ranged in both quality and price with plenty to sample from the new world countries. There were also many amazing offers this month, such as 'buy two get one free', 'buy six get six free' etc, and all companies reported brisk business. In fact a couple of companies actually ran out of some stock! Next month the wine tasting already has four companies confirmed. As usual Khun Laak and her team created a range of canapés to compliment the wines. After the tasting many members retired to the Churchill Bar or the Suriwongse Sala and completely forgot about the traffic chaos on another Friday night in the Big Mango. Meanwhile more chaos was being organised just a few feet away in the Silom Sala . . .





. . . which was transformed into Hogwarts for our latest themed party, once again led by Khun Susie and her team. The event attracted 27 children many of whom came dressed as their favourite Harry Potter character. There was a wide range of Potter themed crafts and activities to keep the kids entertained and relatively quiet! The kids feasted on the usual favourites such as pizza, chicken nuggets, hot dogs and chips and were kept amused with a variety of spellbinding games right up to the finishing time of 9pm, when their weary parents arrived to pick them up. Well done to all involved in organising the event for making it so much fun. Keep your eyes peeled for our next children's party organised here at the Club.

**Barry Osborne**

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## Poolside Dining



Over the last month or so, we've had two special dining events around the poolside in the salas. On the 19th of July we celebrated Lao Day with a Northern Thai and Lao food buffet consisting of such delicacies as Issan Hor Mok, Gaeng om Gob, Pak Ped Yang, an extensive BBQ of Fish, Shrimps, Gai Yang, and Kway Teow soup with lots of different fillings to choose from. The buffet was available at lunch and dinner time and around 40 members enjoyed the treats. My particular favourites were the Lao Spicy Pork Sausages, the Phad Krapow with Frog and the Grilled Duck Beaks! (*and he's not joking - BB*). Along with the buffet came the delicious Beer Lao at a promotional price of 65 baht per bottle. And if you enjoyed that, we also now have in stock the new Dark Beer Lao.

On Sunday 12th of August we celebrated Mothers Day at the Club with a buffet and carvery. All mums enjoying the buffet were treated to a complimentary glass of wine and to give mums a bit of much-needed peace there were free games and activities for the kids between 1pm and 3pm. Over 50 members enjoyed the buffet and so due to popular demand we extended both the buffet and activities on to the Monday, which was also a public holiday due to Mothers Day falling on the Sunday.



In fact, due to their popularity we've decided to have a buffet every Sunday, with a family carvery in the Silom Sala at lunch and dinner times. And next month we plan to have a Chinese dim sum buffet in the sala - for no special reason other than to give members more choice . . . Keep your eyes peeled for more upcoming events!

### Barry Osborne



# BC CALENDAR SEPTEMBER – The Month at a Glance

**Sunday**

**30** Silom Sala  
Lunch & Dinner  
**Family carvery**

Silom Room  
1:00-3:00pm  
Children's Activities

2:30-3:30pm  
Yoga

3:00-6:00pm  
Cricket Practice

Churchill Bar  
7:00pm  
**FORMULA ONE – LIVE  
Chinese GP**



**2** Clubhouse  
10:00am  
**TEN FACES OF  
DOCTOR WHO**

10:30am-2:15pm  
Squash Mix-in

Silom Sala  
Lunch & Dinner  
**Family carvery**

Silom Room  
1:00-3:00pm  
Children's Activities

2:30-3:30pm  
Yoga

3:00-6:00pm  
Cricket Practice

Suriwongse Room  
3:00-6:30pm  
Bridge Tournament

**9** Silom Sala  
Lunch & Dinner  
**Family carvery**

Silom Room  
1:00-3:00pm  
Children's Activities

2:30-3:30pm  
Yoga



**Monday**

**3** 9:00am-12noon  
BWG Mahjong

6:00-10:00pm  
Tennis Match Play

**10** 9:00am-12noon  
BWG Mahjong

**Tuesday**



**Europcar**

www.europcar.co.th

**4** 8:00-11:00am  
Tennis Ladies Mix-In

9:00-10:30am  
Ladies Tennis Clinic

10:00-11:00  
Aqua Aerobics

5:15-8:15pm  
Squash Mix-in

7:00-9:00pm  
Football Practice

Churchill Bar  
8:30pm-late  
Spoofing

**11** 8:00-11:00am  
Tennis Ladies Mix-In

9:00-10:30am  
Ladies Tennis Clinic

10:00-11:00  
Aqua Aerobics

**Wednesday**

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**5** 5:00-6:30pm  
Junior Tennis

6:00-10:00pm  
Tennis Mix-in

6:00-8:30pm  
Cricket Practice

Churchill Bar  
7:00 & 8:00pm  
**PRESTIGE WINE  
ACCUMULATOR**  
7:30pm Bottle Draw



Prestige Wine

**12** 5:00-6:30pm  
Junior Tennis

6:00-10:00pm  
Tennis Mix-in

6:00-8:30pm  
Cricket Practice

**Thursday**

**6** 8:00-11:00am  
Tennis Ladies Mix-in

5:15-9:00pm  
Squash Mix-in

7:00-9:00pm  
Rugby Practice

9:00-11:00pm  
Hockey Practice

Churchill Bar  
6:30-9:30pm Chess

Suriwongse Room  
7:00-9:00pm  
**DETECTIVE VDO  
NIGHT  
Morse**



**13** 8:00-11:00am  
Tennis Ladies Mix-in

5:15-9:00pm  
Squash Mix-in

7:00-9:00pm  
Rugby Practice



**Friday**

**7** 2:00-5:30pm  
Junior Swimming  
Classes

5:00-6:30pm  
Junior Tennis

6:00-10:00pm  
Tennis Mix-in

Silom Sala  
7:00-9:00pm **Kid's VDO**

**14** 2:00-5:30pm  
Junior Swimming  
Classes

5:00-6:30pm  
Junior Tennis

**Saturday**

**1** 7:00-9:00am  
Adult Tennis Classes

9:00am-1:30pm  
Junior Swimming  
Classes

9:30am-12noon  
Cricket Practice

2:30-3:30pm  
Yoga

**8** 7:00-9:00am  
Adult Tennis Classes

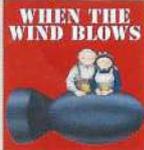
9:00am-2:00pm  
Junior Swimming  
Classes

6:00-10:00pm  
Cricket Practice

2:30-3:30pm  
Yoga

**15** 7:00-9:00am  
Adult Tennis Classes

9:00am-2:00pm  
Junior Swimming  
Classes

<p>3:00-6:00pm Cricket Practice</p> <p><i>Suriwongse Room</i> 10:00-6:30pm Bridge Tournament</p> <p><i>Churchill Bar</i> 10:00pm <b>FORMULA ONE - LIVE</b> Belgian GP</p>	<p><b>16 Clubhouse</b> 11:00am <b>TEN FACES OF DOCTOR WHO</b></p> <p><b>Silom Sala</b> Lunch &amp; Dinner <b>Family carvery</b></p> <p><b>Silom Room</b> 1:00-3:00pm Children's Activities</p>   <p>2:30-3:30pm Yoga</p> <p>3:00-6:00pm Cricket Practice</p> <p><b>Suriwongse Room</b> 3:00-6:30pm Bridge Tournament</p> <p><b>Churchill Bar</b> 7:00pm <b>FORMULA ONE - LIVE</b> Belgian GP</p>	<p><b>23 Silom Sala</b> Lunch &amp; Dinner <b>Family carvery</b></p> <p><b>Silom Room</b> 1:00-3:00pm Children's Activities</p> <p>2:30-3:30pm Yoga</p> <p>3:00-6:00pm Cricket Practice</p> <p><b>Suriwongse Room</b> 3:00-6:30pm Bridge Tournament</p>
<p>6:00-10:00pm Tennis Match Play</p>	<p><b>17</b> 9:00am-12noon BWG Mahjong</p> <p>6:00-10:00pm Tennis Match Play</p>	<p><b>24</b> 9:00am-12noon BWG Mahjong</p> <p>6:00-10:00pm Tennis Match Play</p>
<p>5:15-8:15pm Squash Mix-in</p> <p>7:00-9:00pm Football Practice</p> <p><b>Churchill Bar</b> 8:30pm-late Spoofing</p>	<p><b>18</b> 8:00-11:00am Tennis Ladies Mix-In</p> <p>9:00-10:30am Ladies Tennis Clinic</p> <p>10:00-11:00 Aqua Aerobics</p> <p>5:15-8:15pm Squash Mix-in</p> <p>7:00-9:00pm Football Practice</p> <p><b>Suriwongse Room</b> 7:30pm <b>QUIZ NIGHT</b> <b>CROWN</b> <b>Churchill Bar</b> 10:00pm-late Spoofing</p>	<p><b>25</b> 8:00-11:00am Tennis Ladies Mix-In</p> <p>9:00-10:30am Ladies Tennis Clinic</p> <p>10:00-11:00 Aqua Aerobics</p> <p>5:15-8:15pm Squash Mix-in</p> <p>7:00-9:00pm Football Practice</p> <p><b>Churchill Bar</b> 8:30pm-late Spoofing</p>
<p><b>Churchill Bar</b> 7:00 &amp; 8:00pm <b>PRESTIGE WINE ACCUMULATOR</b> 7:30pm Bottle Draw</p>  <p><i>Prestige Wine</i></p>	<p><b>19</b> 5:00-6:30pm Junior Tennis</p> <p>6:00-10:00pm Tennis Mix-in</p> <p>6:00-8:30pm Cricket Practice</p> <p><b>Churchill Bar</b> 7:00 &amp; 8:00pm <b>PRESTIGE WINE ACCUMULATOR</b> 7:30pm Bottle Draw</p>  <p><i>Prestige Wine</i></p>	<p><b>26</b> 5:00-6:30pm Junior Tennis</p> <p>6:00-10:00pm Tennis Mix-in</p> <p>6:00-8:30pm Cricket Practice</p> <p><b>Churchill Bar</b> 7:00 &amp; 8:00pm <b>PRESTIGE WINE ACCUMULATOR</b> 7:30pm Bottle Draw</p>  <p><i>Prestige Wine</i></p>
<p>8:00-11:00pm Hockey Practice</p> <p><b>Suriwongse Room</b> 7:00-10:00pm <b>DETECTIVE VDO NIGHT</b> Prime Suspect</p>	<p><b>20</b> 8:00-11:00am Tennis Ladies Mix-in</p> <p>5:15-9:00pm Squash Mix-in</p> <p>7:00-9:00pm Rugby Practice</p> <p>9:00-11:00pm Hockey Practice</p> <p><b>Churchill Bar</b> 6:30-9:30pm Chess</p>	<p><b>27</b> 8:00-11:00am Tennis Ladies Mix-in</p> <p>5:15-9:00pm Squash Mix-in</p> <p>7:00-9:00pm Rugby Practice</p> <p>9:00-11:00pm Hockey Practice</p> <p><b>Wordsworth Room</b> 7:00-10:00pm <b>CLASSIC MOVIE NIGHT</b> When the Wind Blows</p> 
<p>6:00-10:00pm Tennis Mix-in</p> <p><b>Silom Sala</b> 7:00-9:00pm <b>Kid's VDO</b></p>	<p><b>21</b> 2:00-5:30pm Junior Swimming Classes</p> <p>5:00-6:30pm Junior Tennis</p> <p>6:00-10:00pm Tennis Mix-in</p> <p><b>Silom Sala</b> 7:00-9:00pm <b>Kid's VDO</b></p>	<p><b>28</b> 2:00-5:30pm Junior Swimming Classes</p> <p>5:00-6:30pm Junior Tennis</p> <p>6:00-10:00pm Tennis Mix-in</p> <p><b>Suriwongse Room</b> 6:00-9:00pm <b>WINE TASTING</b></p> <p><b>Silom Sala</b> 7:00-9:00pm <b>Kid's VDO</b></p> 
<p>10:00am-12noon Cricket Practice</p> <p>1:00-3:30pm Yoga</p>	<p><b>22</b> 7:00-9:00am Adult Tennis Classes</p> <p>9:00am-2:00pm Junior Swimming Classes</p> <p>9:30am-12noon Cricket Practice</p> <p>2:30-3:30pm Yoga</p>	<p><b>29</b> 7:00-9:00am Adult Tennis Classes</p> <p>9:00am-1:30pm Junior Swimming Classes</p> <p>9:30am-12noon Cricket Practice</p> <p>2:30-3:30pm Yoga</p> <p><b>Suriwongse Room</b> 7:00pm <b>St David's Society</b> <b>MURDER MYSTERY DINNER</b></p> 

# On the menu . . .

## KHUN LAAK RECOMMENDS

- Beef and barley Soup B 85
- Baked Avocado Prawn mornay: Avocado Pear, Fresh Prawns Baked in a Creamy Cheese Sauce B 230
- Grilled Summer Chicken Salad with Assorted grilled Vegetables and balsamic Vinegar dressing B 180
- Mango, Avocado and Smoked Chicken Salad with Crispy Salad, Beetroot, and a lemon olive oil and wholegrain mustard dressing B 180
- Pan-fried Dory fillet Coated with Parmesan Cheese Serve with baked Potato and mixed Salad B 250
- Stilton burger with garlic mayonnaise, sauté mushrooms Burger bun and salad with home-fried Potatoes B 290
- Baked Potato with Smoked Salmon and Sour Cream B 130
- Grilled T-bone Steak with Café d Paris Sauce, Sauté mushroom Grilled Tomato and home-fried Potatoes B 530
- Hot chocolate Fondant with Raspberry Ice cream B 120
- Panna-cotta with berry Coulis B 110



**Phad Cha Plakapong (Snapper)**

- 250g snapper (cut to bite size and boil)
- 2 bunches peppercorns
- 1 tbsp minced chili pepper
- 1 tbsp minced garlic
- 2 tbsp sliced galangal
- 2 tbsp chili paste for Tom Yum
- 1 tbsp cut yellow or red sweet pepper
- 1 group scallion (cut 1 inch)
- 1/2 cup basil
- 1/2 tbsp sugar
- 1 tbsp oyster sauce
- 2 tbsp fish sauce
- 2 tbsp vegetable oil

### Cooking Instructions:

1. Heat the pan, start on low flame and add vegetable oil. Wait until it's hot then fry minced garlic.
2. When the garlic smell is aromatic, increase the flame. Add chili pepper, galangal, peppercorns, followed by the snapper.
3. Mix well. Now, add fish sauce, oyster sauce, sugar, chili paste for Tom Yum.
4. Quick stir and then add sweet pepper, scallion and basil. Turn off the fire.

For September we have two more delicious nutritious fish dishes, one decadent chocolate dessert, and two exquisite September smoothies . . .

And if you go anywhere near the Churchill Bar, don't miss the centre of the culinary universe – the 'Khun Laak Recommends' board - which this month features some really exciting new dishes. There's something here for everyone. **WARNING:** You *will* be tempted!



**Snow Fish Bourguignon**

Serves 6

- 125g shallots (unpeeled)
- 400 ml red wine
- 125g bacon lardoons
- 4 tsp olive oil
- 6 garlic cloves (unpeeled)
- 125g button mushrooms
- 50g butter
- 6 pcs Snow fish fillets, about 150g each, skinned
- 250g spinach leaves, well washed
- sea salt

### Cooking Instructions:

1. Blanch the shallots in boiling water for 2 minutes, then drain and peel. Meanwhile, boil the red wine in a pan to reduce by half.
2. Sauté the lardoons in a heavy-based frying pan until crisp. Remove and set aside. Add 2 tbsp olive oil to the frying pan and heat. Add the shallots, garlic and mushrooms and sauté until softened and the shallots are lightly caramelize. Stir in bacon; keep warm.
3. Meanwhile, heat the butter and remaining oil in a large frying pan until foaming. Pan-fry the Snow fish fillets for 2-3 minutes on each side until just cooked. Remove to a warm plate and rest for a few minutes.
4. Cook the spinach in a large pan over a medium heat, with a little water and a pinch of salt, until just wilted. Drain well.
5. Pile the spinach into the centre of warm plates and place the fish on top. Spoon over the mushrooms, shallots, garlic and bacon. Add the reduced red wine to the shallot pan, stirring to deglaze, then drizzle over the fish and vegetables. Serve with new potatoes.



## Hot Chocolate Fondants

Serves 2

50g unsalted butter, plus extra to grease  
 2 tsp cocoa powder, to dust  
 50g good-quality bitter chocolate (minimum 70% cocoa solids), in pieces  
 1 free-range egg  
 1 free-range egg yolk  
 60g caster sugar  
 50g plain flour

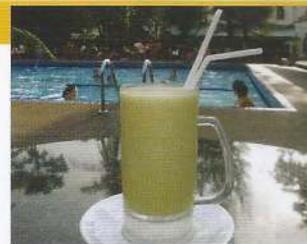
### Cooking Instructions:

1. Heat the oven to 160° C/Gas 3. Butter two large ramekins, about 7.5 cm in diameter, then dust liberally with cocoa.
2. Slowly melt the chocolate and butter in a small bowl, set over a pan of hot water, then take off the heat and stir until smooth. Leave to cool for 10 minutes.
3. Using an electric whisk, whisk the whole egg, egg yolk and sugar together until pale and thick, then incorporate the chocolate mixture.
4. Sift the flour over the mixture and gently fold in, using a large metal spoon. Divide between the ramekins and bake for 13 minutes.
5. Turn the chocolate fondants out onto warmed plates and serve immediately.

## September Smoothies

### Mango and Lychee Smoothie

1/2	pc.	mango
3	pcs	lychee
1	oz	coconut milk
1/2	oz	syrup

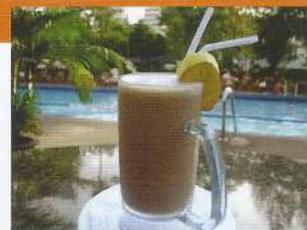


### Directions:

Peel the mango and cut the fresh mango into slices and put into blender with coconut milk, add lychees, and blend with crushed ice until smoothie. Pour into glass and serve while drink cold.

### Banana Sundae Smoothie

1	pc	banana
2	oz	orange
1	oz	coconut milk
1	scoop	chocolate ice cream
1/2	oz	syrup



### Directions:

Peel the banana and put all ingredients into blender. Blend until smoothie. Pour into glass and serve while drink cold.

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portofino bed  
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 head board

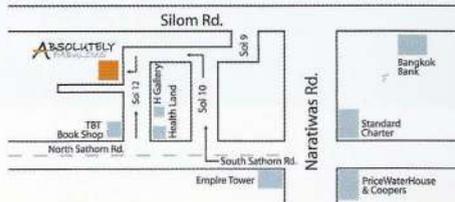


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## ONWARD & UPWARD!

Once again welcome to the latest installment from the BC Football Section.

Firstly, as usual, an update on "the professionals". Actually not a lot! They've all been on holiday!

We have had the Asian Championship where a number of the Section went one rainy evening to watch Thailand play Australia. A great game and a flattering score line for Australia winning 4 - 0 on the night, helped by the wet and cool UK-like conditions.

Unfortunately, that was as far as Australia got, losing to Japan on penalties in the next round.

Rather ironic really. Having spent years trying to persuade FIFA that they belong in Asia (thus avoiding the difficulty of playing a South American side to qualify for the World Cup) they do so poorly in their first foray at competitive level in their new environment. Som Nom Na as the Thais so aptly put it!

Congrats to Iraq for their well deserved if hard fought win.

So, after a summer breather and as all of the pubs and bars dust off their flat screens and satellites and the new season begins (Man Utd already one up on Chelsea), what has happened here in Bangkok?

### Vets and friendlies

With the Casual League and Chang Leagues completed, the main footballing activities

switched to the playing fields of Harrow (Where have I heard that expression before?) and other different and varying locations around Bangkok.

### Friendlies

July saw the first late night match at Lad Prao kindly arranged by Nopodino and his friends.

Trying to organize our lot to play an 8.00pm kick off on a Saturday night at least one hour's drive from the post-match action possibilities took some doing, but we did it. With beers available on site and a good turnout the BC even managed a win. A great night Nop and in the end nobody actually missed the Saturday night charms of Soi Cowboy.

Other friendlies came and went, but of particular note was the inaugural Winking Frog versus Le Coq attended by more than a few BC players.

Played at Patana, a Vets format was chosen as a way of bringing together warring factions. Many of you may be aware of the Casual League game between the sides when a small skirmish broke into outright hostilities. A corner flag being used in Lancelot fashion as the battle of the Frogs reached its climax resulting in fines for both clubs and a couple of player bans.

I'm happy to say however that on this occasion, peace did finally break out despite a number of tackles resembling scud missile attacks and the day ended a success. Well done to Derek (Winking Frog and BC goal keeper) and Dominique of the French for the idea and arrangements.



*BC Star for The Frogs*



*Post Waterloo was never like this*

## Vets

As for the vets and despite raining on and off throughout the summer, EG continues to pull in the teams for the now monthly Vets event.

A record number of teams showed up in June when the BC managed to achieve a respectable mid-table position despite the fact that every time we took to the field, God deemed it appropriate to turn the shower on.

In July the rains were worse still, but the sun shone on the BC team and a possible appearance in the final was only thwarted by the decision of half of the squad to play in 2 teams.

preferred option were countered by the organizers. It did cost over 450 baht despite the free engraving (Sticker).

A beer and Sausage and Mash supper in the Silom Sala completed the evening's proceedings.

A big thank you to Barry, Joy and all the staff for making it all happen. (Hopefully, not a bad little earner for the Club, particularly if we can repeat regularly throughout the year.)

Oh and thanks too to the Germans who had the good grace to come last. (I am advised by Bruce that this had nothing to do with the fact that as a consequence they were able to shower and change and get into the free beer before everyone else!)



*Two teams of real veterans and Joe*

Two and a half hours of football at 50 up? (Som Nom Na again?)



*BC inaugural 6 a side - The glorious trophy*

## Training

Training nights continue to see the biggest expansion of the Section particularly at a time when the leagues are on holiday. Rain or (moon) shine the players keep coming.

July saw another expansion when 40 players turned up for the first of what we hope will be a number of Tuesday night tournaments. Two teams from the BC were joined by one from the Vets, the Germans and the now ever present Winking Frogs in a 5 team league format 6-a-side at the BC.

A very competitive event saw the BC reds coming out on top to collect the new and very tasteful trophy. Those who commented that it was so nice that coming second was the

## Coming Events

As the European Leagues kick off again in Bangkok the Friendlies, Vets Leagues and Tuesdays continue.

The Casual League starts at the end of September. Joe will again be running the side.

By the time this goes to print, the Section AGM will have been held and The Scotland - England game will have been completed, hopefully with cross-border relationships still intact.

Elsewhere, we will continue to provide football at all levels for all ages so, whatever your ability, please do come and join us.

**See you soon,  
the Football Section**

# BNH Spine Centre

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## Hassall Stableford July

Held at Royal Lakeside, a favourite venue because it isn't that difficult and we all need a confidence boost now and again. So, the scores reflected this and Simon Fisher had an amazing 45 points, Robert came second with 40 - not often you come in with that and get trounced! Third was Roy with 38 points. Don't suppose the handicap cuts will be too vicious either because the scores were high. Anyway, very well done ... yet more points toward golfer of the year. Don't forget if you want to see how you are doing the information is on the website. El Bandito decided to combine sports and do a little scuba diving (sort of biathlon) as the water on Royal Lakeside is brackish and crystal clear. Unfortunately the two don't go together very well and he had to abandon the golf game on the 15th. Don't know if he continued with the diving. Maybe he just wanted to see what it felt like to be absolutely drenched on a golf course, because he and Rosemarie took off for Scotland and by the look of the Championship (British Open) they probably are still drying off.

There were, of course, the usual prizes of very nice bottles of wine courtesy of our sponsor and Captain, Peter Skinner. We all enjoy playing different courses for the Hassall competition which has become a 'not to be missed' game every month.

## Millward Brown firefly Medal

Well some of us came down to earth with a bump when we played our old favourite Royal Golf and Country Club for our monthly medal. My own score, 106, is a fair example. Our group found the greens frustrating as they had just been sanded and it was down to guesswork (or maybe skill?) how fast they were. There were of course, plenty of players who just loved it all and played very well indeed. Winner of A flight was, Robert - whenever Robert plays, Robert wins (sounds like a song doesn't it?). Nett 69, an excellent result, yet another handicap trim, but I think he can take it. Second Peter Skinner with

nett 74, likewise Karen, who was third on countback. Belinda took the medal for flight B. with a great 70, second was Pete Gale, also with 70 and third Barry with 71. Often happens in a group; they all play well or all badly - n.b. avoid me. Bob was playing in the same group and was having a sterling round until he came to hole number 9 (last hole for him). He hit a nice drive which disappeared into thin air. They have filled in the stream across the fairway with great lumps of mud which have now been grassed (still G.U.R.). Last month any balls landing in the mud pyramids simply plugged and came out covered so thickly they resembled bowling balls. I told my caddy to throw mine away or she would still be there cleaning it. Well presumably Bob's ball simply went through the grass and was swallowed up. The group behind couldn't understand why they couldn't find this ball in the middle of the fairway. Poor Bob trudged all the way back and hit another one, but I think he was a little, shall we say, disheartened and ended up with a 9. He still got a nett 72 (what might have been ... or NOBODY LIKES TO SEE THAT).

## Seara Sports Matchplay Competition

We are still waiting for the first round to be finished; Jeremy v. Henry, replay Diane v. Orin - lots of folk still on holiday. However, Pete Gale got a walkover from Joom. I know Peter was looking forward to this match - a real challenge to play first round against last years Champ. We haven't seen Joom and Nick for ages and hope they catch up with us when they are next in town.

## The Dunlop Cup - wish you were there!

Yes we missed quite a few of our regular players who were still on holiday or, perish the thought, had to work on the Monday (sorry Robert, but you can have hours of fun looking at Irene's holiday pics.). Maureen, El Bandito and the lovely Rosemary, Harland and Dianne, the list goes on, but still we had twenty-two players and



*Peter shows us how to mix sangria*



*Still in teams*



*Following through...*



*Black mountain - the big country*



*2007 winners*



*Taking home the plate*



*I'll try the red this time ...*



*Girls Group*



*Runners up*

I think they all agreed that it was the best Dunlop Cup yet. Everything worked out wonderfully: the weather, the new course and the apres-golf dining, drinking and boules on the beach. Black Mountain is a must-play course, though it is going to be expensive - try it if you can. It is about thirty minutes outside Hua Hin - the turn off is on the same road as Imperial Lake View, but nearer town. The road is being made up at the moment, but that should soon be completed. The clubhouse is spacious and well designed with good locker rooms, etc. but the restaurant is the best part; quite simple but with excellent views and more importantly, great food. It isn't often that we linger on after the game, but the winelist was good with some very reasonably priced wines and one bottle turned into three and night fell and we were still there. You can watch the groups come into the 18th hole and with very few exceptions end up in one of the green-side bunkers and probably stay in there! I am glad to say I wasn't the only one to leave it in the first time and then fly it over with the second. On the third day I managed to play to the green, though miles from the pin and no prizes for guessing, three putted for a hat trick of nil points on the 18th!

The course is rather long for the ladies, 5600 and short for the men 6100. To help balance this, the ladies were given an extra couple of shots. It was an unusual event in that we had so many husband-wife teams. Jenny suggested an extra prize for those couples who could claim 'never a cross word' after the event. Barry and I were out of that one on the first hole, so I lost interest after that. Mike's partner, Pat, was away so Gareth joined him and they made an excellent team, coming second in the cup, but Jeremy and Roy were in control all weekend and pipped them to the post. The other qualifying teams were Dave Lamb and Peter Skinner and Peter and Gaew. The plate was taken by David Henton and Bob. They hadn't met before, but some teams are made in heaven and they ate up the course. Well done to the winners, but also to the many other players who posted great scores. Brian and Yurachatr got 45 points on the second

day and Karen and Frank, an amazing 47 on the last day to put them in second place (they scored 31 on the first day, 42 on the second, so they certainly learned the lie of the land pretty quickly). Jenny (our photographer in the field) and Ray played well every day as did David and Lek (except the last day when they took off to catch up with old friends in the area). It was great to have them and David Henton playing with us again and to see Kate (briefly) - hope you had a relaxing break Kate. Belinda and Cheryl got to see a lot of the course, but still managed to post good scores. Cheryl is in training for a hiking trip in the Himalayas so she and Dave trotted round the course. It is quite a walk and very hilly, so we all got a fair amount of exercise; just as well!

Many thanks to David and Cheryl, for sponsoring the event and for their wonderful hospitality - maybe we should have a boules on the beach weekend sometime and forget the golf. Excellent choice of course Dave. Thanks also to our Captain Peter and Karen for arranging such a great weekend.

### Hassall Stableford August

Subhapruek was the venue for this month's Hassall and we had some fairly low scores and one spectacularly good one. Well done Rosemary with a great score of 42 points, second was Karen with a comfortable 36, Dave Lamb third. Near pins to Ray and Bob (two holes with no-one on) Long drives to Pat and Gaew, long putt to Barry and a new prize for nearest the pin with second shot on a short par four, went to Roy. I hope they enjoyed the wine provided by Peter Skinner of Hassall. I also hope I win next month. I feel the tide is turning ... And remember the quote from the British Open (which, by the way is really called The Championship) "If it is to be, it is up to me" - guaranteed to make you feel really bad!

**Valerie**

### DOUG'S WAY TO PLAY.

What a great tournament the British Open at Carnoustie was this year; for the players and the spectators. Did you notice the players ( Sergio & Steve Stricker) who had separated themselves from the rest of the field going into the final round, played a very tentative and conservative game with the lead! The players chasing them (Romero & Harrington) were firing birdies left & right in an effort to catch up—playing very aggressively! Then BOOM, as soon as they overtook the lead, they crashed with tentative mistake-prone play on the final holes! Padraig Harrington was fortunate to be the last one standing! It just goes to show that the most important shot in golf is 'the one you are hitting'! You must be in the proper 'state of mind' on each shot; in other words 'let go' of the consequences of hitting a bad shot or a good shot that might take a bad bounce and be positive and relaxed no matter what level of importance the event. At that moment you 'gotta believe' that you are going to make your best possible swing and good things will happen! Then you can take the Claret Jug home with you instead of giving it away to someone else.



# Regular Sports, Games & Activities

## Aerobics

Monday 10:30-11:30  
Wednesday 10:30-11:30

## Aqua Aerobics

Tuesday 10:00-11:00

## Bridge

Sunday 3:00pm-6:30pm Tournament play in Suriwongse Room (except last Sunday of every month)

## Chess

Thursday 6:00-9:00pm - Churchill Bar (1<sup>st</sup> & 3<sup>rd</sup> Thursdays of every month)

## Cricket

Wednesday 6:00-8:30pm Practice - Back lawn

## Football

Tuesday 7:00-9:00pm Practice on the Tennis Court

## Hockey

Thursday 9:00-11:00pm Practice on the Tennis Court

## Rugby

Thursday 7:00-9:00pm Practice on the Tennis court

## Spoofting

Tuesday 8:30pm until late - Churchill Bar

## Squash

Tuesday 5:15-8:15pm Mix-in  
Thursday 5:15-9:00pm Mix-in  
And 1st Sunday of every month 10:30am-2:15pm

## Swimming

Friday 2:00-5:30pm junior classes  
Saturday 9:00am-2:00pm junior classes

## Tennis

**Match Play**  
Monday 6:00-10:00pm  
**Mix-in All Standards**  
Wednesday 6:00-10:00pm  
Friday 6:00-10:00pm  
Sunday 4:00-6:00pm  
**Ladies Mix-in**  
Tuesday 8:00-11:00am  
Thursday 8:00-11:00am

## Tennis Coaching

With Nelson Thein . . .  
Friday 4:00-6:30pm: Junior tennis  
Saturday 7:00-9:00am: Adult tennis

## Yoga

Saturday 2:30-3:30pm  
Sunday 2:30-3:30pm

## Sports/Activities Price List

### Aerobics

### Aqua Aerobics

### Cricket

### Massage

### Squash

### Squash courts

### Swimming

### Tennis

### Adult Tennis

### Junior Tennis

### Tennis courts

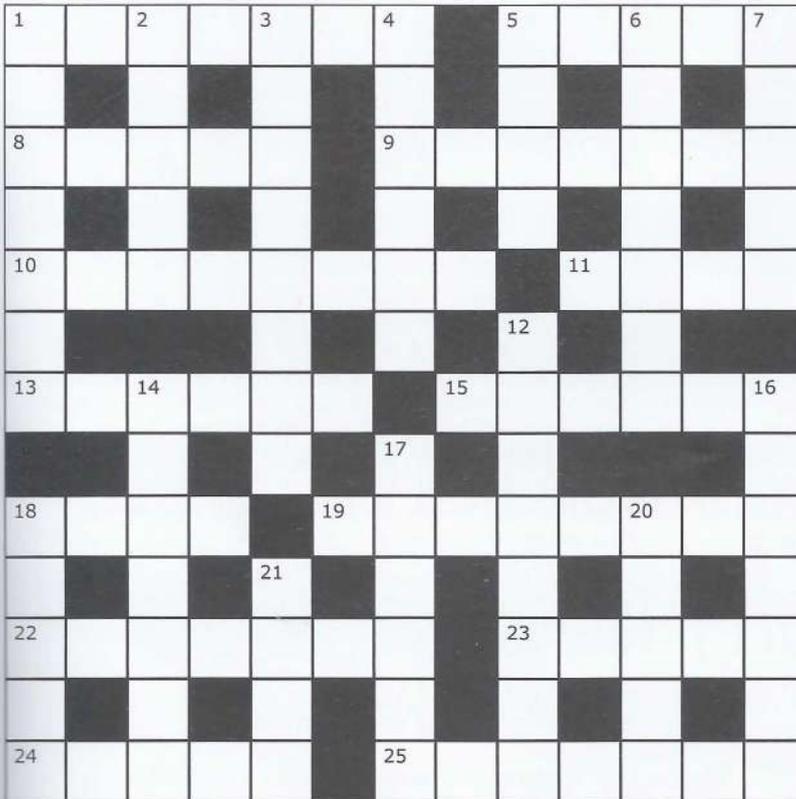
### Tennis knockers

### Yoga

Bt 4,000 for 10 sessions; drop-in Bt 500 per session  
Bt 3,000 for 10 sessions: drop-in Bt 400 baht per session  
Use of cricket nets - Bt 300 day/Bt 600 evening if lights needed  
Thai massage/foot massage - Bt 250 per hourly session  
Private coaching with David Lines - Bt 700 for 1 hour; group session Bt 1200 per 45 min  
Bt 50 per 45 min  
Classes with Bangkok Dolphins - Bt 3,500 for 10 lessons of 30 min  
Private coaching with Nelson Thein - Bt 800/hour  
Private coaching with Khun Jang - Bt 550/hour  
Bt 3,500 for 10 lessons (Saturday morning - beginner to advanced)  
Bt 3,000 for 10 lessons (Friday)  
Bt 30 per hour am/Bt 90 per hour pm  
Hourly knocking sessions with - Khun Kaew (Bt 500), Khun Tom (Bt 400), Khun Phon (Bt 300), Khun Champ (Bt 300)  
Bt 2,500/month for 10 sessions; drop-in Bt 300 per session

Why not give your body and mind a treat? Join our new Yoga Instructor, Khun Tong, every Saturday or Sunday to experience the many benefits of yoga - increased flexibility, reduced stress, better body functioning and a more peaceful you!





### Across

- 1 This jovial chap can hold the beer! (4,3)
- 5 "... a Daniel! Oh, wise young \_\_\_\_\_!" (Merchant of Venice)
- 8 Something from France to put on top.
- 9 Freed from an obligation.
- 10 Famous city in the USA.
- 11 Shakespeare was known as the \_\_\_\_\_ of Avon.
- 13 "We mortals cross the \_\_\_\_\_ of this world." (Robt. Browning)
- 15 Bless thee, \_\_\_\_\_! ... thou art translated!" (Midsummer Night's Dream)
- 18 Narcotic for a dim-wit?
- 19 The drops from the clouds.
- 22 Moving with more velocity
- 23 Zodiac sign for March/April
- 24 Ascended.
- 25 Busy port on the River Thames.

### Down

- 1 Hot sauce.
- 2 This girl is a jewel!
- 3 "I'm leaving on a \_\_\_\_\_" (3,5) (pop song)
- 4 "I fear the \_\_\_\_\_, even though they bring gifts." (Virgil)
- 5 It comes after the King and the Queen.
- 6 Melody variations often sung by the sopranos.
- 7 Our revels now are \_\_\_\_\_." (The Tempest).
- 12 South-western county of England.
- 14 A woman invested with Imperial Dignity.
- 16 A strong, sweet wine.
- 17 Dangle it to tempt the donkey!
- 18 Put off.
- 20 Farewell.
- 21 School with a famous boating song.



Fax or deliver your completed crosswords to Barry Osborne as soon as possible after receiving *Outpost*. After a five day collection period, the author of the first correct entry drawn out of a hat will win a bottle of wine.

**Double Winner!** Congratulations to the winner of the August crossword AND the sudoku - Merilan

Henderson, pictured here receiving both her bottles of wine. Not only is this Merilan's first win, but *Outpost's* first double winner!

## August Solution

**Across:** 1 Savage, 4 Placid, 9 Egg, 10 Ecologist, 11 Chest, 12 Peanuts, 14 Malapropism, 17 Pompeii, 18 Alpha, 20 Garibaldi, 22 Alb, 23 Silent, 24 Uganda.

**Down:** 1 Sketch, 2 Vague, 3 Greatdane, 5 Leo, 6 Cliques, 7 Dates, 8 Copperfield, 13 Appealing, 15 Admiral, 16 Zambia, 17 Pages, 19 Plain, 21 Ben.

## SUDOKU

Each sudoku has a unique solution that can be reached logically without guessing. Enter digits from 1 to 9 into the blank spaces. Every row must contain one of each digit. So must every column, as must every 3x3 square.

**Rating:** 'Super-difficult'

**Solution times:** < 30mins - you don't belong on this planet; 30-50mins - sublime; 50-80mins - well done; longer than 80 mins - keep practising . . .

Good Luck! Fax or deliver your completed sudoku to Barry Osborne as soon as possible after receiving *Outpost*. After a five day collection period, the author of the first correct entry drawn out of a hat will win a bottle of wine.

The sudoku winner for August is Merilan Henderson (see Double Winner, above)

22. 45

	1		8	2			
5							1
		6		5		3	8
		9		1		8	
1							2
			9		7		2
4	6	1		3		7	8
	5						4
	7	2		4		1	5

August 2007 has been focused on preparing our teams for the upcoming league. Our teams have been organizing training games against the Bangkok Japanese, The Southerners, Lad Krabang University and Thonburi University with the purpose of sharpening our game plan for the upcoming 15s a side league.

This year's 15s a side league will be of a different format than previously. The league starts August 18th and this year the Thai Rugby Union has combined the 1st and 2nd divisions so this year's league consists of 18 teams - a large expansion from the 8 teams normally competing in the league. The British Club Rugby Section has entered two teams. The format is four pools with the top

team of each pool going on to the semifinals of the British Council Cup, with the 2nd team in each group dropping down to the semifinals of the 2nd Cup.

The Section's largest annual event, the Pink & Black Rugby Ball, will take place on 29<sup>th</sup> September 2007 at the Amari Watergate Hotel. This event is a black tie gala event and one of the biggest social events on the Bangkok Calendar, so all interested persons are welcome. Tickets are limited - so get in fast - and will be put on sale in the near future. Tickets will also be available to Club members at the Club Reception. The Ball is intended to raise funds for the Rugby Section's annual operations and player development.

## Fixture Report / Tournament Results

### British Club vs. Bangkok Japanese

Thonburi University, July 14, 2007

In the first half, the British Club's new but experienced back row hunted the Japanese fly half, putting intense pressure on the Japanese back line. The ball stayed largely within the Bangkok Japanese's 22, giving several easy tries to our winger and fullback. This game gave a lot of opportunities for our back line to practice new moves and to learn from each other, which surely paid off well. Again worth mentioning was British Club hooker Jonah Kadish who did very well both in set scrums and in loose play.

The final score was a 28 to 16 win for the British Club against a very strong Bangkok Japanese side.

### British Club vs. The Southerners

Thonburi University, August 5, 2007

The occasion ended in a 24-0 defeat of the British Club, but team captain Morcar McConnell said at the time: "We have the core of a really good side, with some new very talented individuals - they just need to play together a lot more. This occasion was very valuable for our new players as they needed to gain experience from heavier teams. The Southerners came out very strong with their new back row players Samuel Arrow, Lew Zealand and Floyd Pepper. These guys are not only skilled in rugby, they are great guys and really gave our defense a hard time. It will definitely be interesting to follow them in this year's league, which is shaping up to be a great rugby show".

### British Club vs. Lad Krabang University

Thonburi University, August 9, 2007

This engineering university has been coached by one of our senior members, also alumni at the university, for a number of years which has contributed to the development of their rugby skills. One example of their expanding interest is their yearly youth tournament that now hosts over

100 teams from all over Thailand.

Lad Krabang University has developed a hard-playing and very mobile pack in combination with well-drilled backs. The first half ended with the British Club on the back foot to Lad Krabang's strong and mobile pack. However, the British Club played a clever game against them by using forward tactics to make up for our lack of pace out wide, i.e. by playing for the contact, running directly at players, tackling hard and slowing the game down. The Lad Krabang University came out in top gear going 2 tries up within the first 10 minutes. After a slow start the British Club started to play and slowed them down scoring a try just before half time. The British Club scored early in the 2nd half making it 2 tries each. With about 10 minutes to go the university guys got too tired after continually defending their line and we got two more tries. The match ended with a solid British Club win 20 - 10.

### British Club vs. Bangkok Japanese

Thonburi University, August 12, 2007

This last game was against the team we regularly organize practice events with - The Bangkok Japanese. We played a full length game where our new players got a chance to get a run and for the team management to pick their teams. We have been playing against the Bangkok Japanese during the last 4 months and most of our players have learnt how these hard-playing and skilled Japanese fellows play rugby. We performed well and got a 23-15 win.

All in all, this was a good month of rugby for the British Club and we are now well geared for the upcoming league. As I have said before, the Rugby Section's main goal this season is to win the TRU League and after the last month's hard training and competitive games this goal is still what we are aiming for.

**Magnus Andersson**

Rugby Section Club Captain

British Club Bangkok Rugby Presents

# The 2007 *Pink & Black* Rugby Ball

*Party Games, Tequila Shots and Free Flowing Spirits*

*Dj and Dancing - Full English Buffet Breakfast*

*Cocktail Reception - 5 Course Meal*

*Special Room Rates - Mao Mai Cub*

29<sup>th</sup> September at the 5 ★ Amari Watergate

*Don't miss the prestigious black tie event of the year. The 2007 Pink & Black Rugby Ball is shaping up to be the best one ever. Book your tickets now before they sell out*

## *This years feastivities include*

- Predinner Cocktail Reception*
- 5 Course Meal, including 5 bottles of wine per table and a bottle of tequilla*
- Dj and Dancing*
- Party Games and Prizes*
- Tequila Shots and Free Flowing Spirits*
- Full English Breakfast Buffet Served at Half-Time 1 am*

*Babt 2,400 per Person or book a table of 10 for Babt 23,000*

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*8:00 Dinner, Drinks and Games*

*9:00 Speechs & Awards*

*10:00 Dancing & Drinks untill 4 am*

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### *Booking Details*

*British Club - 022340247*

*Jonah Kadish - bkk.bc.rugby@gmail.com*

*Morcar McConnell - 0819304913 - morcar.s.mcconnell@gmail.com*



## Squashy Bits



*The King and Da*



*Mounting Patrick*



*Green Ireland!*

**T**hank you to Peter for writing Squashy Bits last month ... a veritable feast of squashing activity! I'm now back from a holiday in the land of Guinness and of course discover that there has been very little squash of note whilst I have been away. But having promised Billy Beefeater an article by tonight this will be a random assortment of only vaguely related squashy news ... nothing unusual there you might say!

**Ireland:** Ireland was great! It didn't take long to discover why it is so famously green and we got back with webbed feet. But the Guinness made up for it! We didn't see much **squash**, but we were there for the Hurling Championships which makes both football and rugby look like girls games. Highlights of our holiday included a trip to Tory Island ... an inhabited chunk of rock 12 miles off the coast that has an elected King who was there to greet us off the boat. We also joined the other pilgrims hiking up Mount Patrick and of course enjoyed endless encounters with sheep who all seemed much smarter than the Welsh variety. Since I don't have any **squash** pictures, attached are a few holiday snaps!

**Quiet:** I couldn't work out why it was so peaceful



*Ireland 5-Wales 0*

around the **squash** courts when we got back until someone pointed out that David Mason was away in England. Apparently though, the complaints letters in the UK papers burgeon this time of year.

**Piles and Things:** Haven't got any good new stories about piles or gout, but I did bump into a slightly grumpy good Doctor the other night. You might recall that last year, on 20<sup>th</sup> March to be precise, I suffered serious injury to my shoulder playing **squash** and I haven't been able to play since. You might also recall that Dr. White, for the fee of one ice-cream, diagnosed my problem as a *nerve palsy thingy*, offering me the comforting advice that I couldn't do anything about it, but it might get better after a very long time.

Well, the good Doctor now informed me that he too had a *nerve palsy thingy*, but his was much worse than mine because his might *never* get better. He then demonstrated his bowling action to prove his point. I couldn't even lift my arm, let alone turn it over! We used to have a "bad shoulder of the year" award at our annual cricket dinners ... there was always at least one bowler who excelled at clutching his shoulder every time he was whacked for six and competition was fierce. Only time will tell who really has the best bad shoulder this year!

**National Coach:** Congratulations to Club captain David Lines for being officially appointed Thailand's National **Squash** Coach. He is now preparing Thailand's best squash players for the SEA games to be held in Thailand in December. David saw the first fruits of his efforts when the final of the King's Cup was played at the Polo Club on Thursday 25<sup>th</sup> July between Chatchawin and Apirom, the Thai numbers one and two. Chatchawin won 3-1 in the best final to be seen for many years after both players had won their quarter finals and semi finals with ease to demonstrate their progress under David's tuition.

Some top quality **squash** is in prospect at the SEA games. Plans are in hand to import one of the four existing all-glass exhibition courts from Malaysia to

be erected at Central World. Watch out for further announcements.

There was one Club match in July when the Club took on Riverine again at home on 22<sup>nd</sup>. Peter Corney reports:

**Riverine v. BCB:** Having suffered the first Club defeat under David Lines' captaincy to Riverine away earlier in the year, David was keen to avenge that loss. BC fielded 13 players and once again Riverine co-opted their top players from other clubs to make this a formidable challenge. Ja, Neil Evans, Steve Tostevin and Rit all lost to strong opposition, but Nan was in great form at #5 and Peter Corney and Marvyn also won at 7 and 8. Chris Platt must have been relieved to have not been drawn against Marvyn (!) but fell foul of the cunning maturity of Peter Corney.

Three of the opposition's ringers, sorry, players, didn't turn up and the BC was awarded walkovers. This left the match perfectly balanced at 6-all with David Lines to play at number one against the very same Frenchman who beat him last time. To say that Dave was focused on winning would be an understatement. He played his best squash to win 3-0, giving BC a narrow victory. The competition was played in very good spirit, after-match food and booze was consumed with gusto and all are

looking forward to the next match.

**Marvyn joins the swinging 60s:** Yes, by the time you get this Marvyn will have joined the mature elite. I gather there are some special **squashy** treats being planned and there will be a full report next month. I'm even thinking of trying out my dodgy shoulder to celebrate the occasion. Marvyn however may be considering retirement himself because rumour has it that after consultations with the SRA, any ball hit higher than the lowest protruding object on the court will be judged 'out'. This of course will remove Marvyn's only winning shot, which is his service that drops through the fan blades. Please note that it is also a Club rule that only double-yellow spot balls can be used in competition matches.

**League Winners:** Congratulations to the winners of June League # 220: Division 1 **David Lines**, Division 2 **John Vivian**, and Division 3 **Thompson Kerr**

Well, turns out there was a lot of Squash news after all!

Happy Squashing.

**Jack Dunford**



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# Reciprocal Club Benefits

**As an active British Club Member, you are entitled to enjoy the full use of other associated Club facilities around the world. This month we feature the reciprocal club . . .**

*The Explorers Club*

## **A Club with a difference . . .**

**T**he Explorers Club, headquartered at 46 East 70th Street in New York City, is an international multidisciplinary professional society dedicated to the advancement of field research and the ideal that it is vital to preserve the instinct to explore. Since its inception in 1904, the Club has served as a meeting point and unifying force for explorers and scientists worldwide. The Club's membership consists of persons "who carry out or assist in field science expeditions to study unknown or little known destinations or phenomena in order to gain knowledge for humankind."

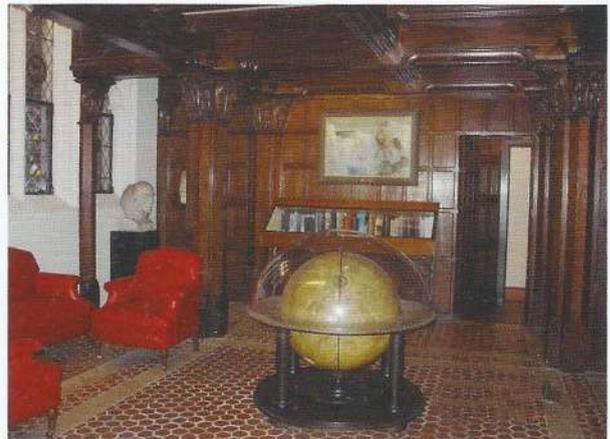
The benefits of membership include, most importantly, camaraderie and fellowship with other members—in effect providing access to a global network of expertise, experience, technology, industry, and support. The Explorers Club hosts a number of social events and activities, and its famed annual dinners honour accomplishments in exploration.

Every year Explorers Club members launch new research expeditions around the world, thus continuing the early goals laid down by the Club's founders in 1904. The Club provides expedition resources including funding, online information, and member-to-member consultation, and supports a public lectures program, publications, a travel program, and other events. The Club also maintains Research Collections, including a library and map room, to preserve the history of the Club and to assist those interested and engaged in exploration and scientific research.

The Club's members have been responsible for an illustrious series of famous firsts: First to the North Pole, first to the South Pole, first to the summit of Mount Everest (Sir Edmund Hillary is the Club's Honorary Chair), first to the deepest point in the ocean, first to the surface of the moon . . . Any member in good standing may apply for the privilege of carrying the Explorers Club flag on an expedition intended to further the cause of exploration and field science. The flag has been carried on hundreds of expeditions



*Board room*



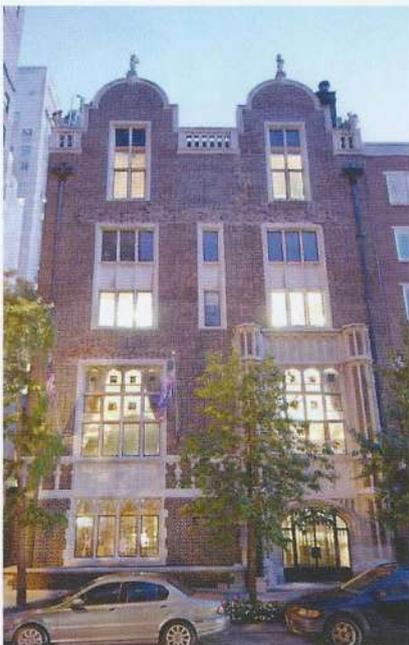
*Entrance*



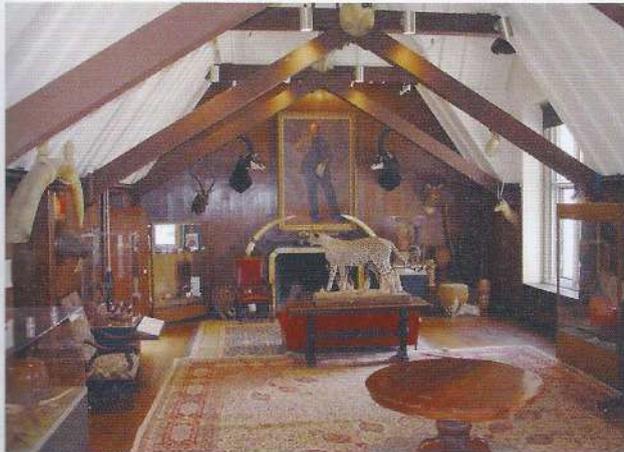
*Honoured members*

since 1918: to both poles, to the highest peaks of the greatest mountain ranges, to the depths of the ocean, and to outer space. A list of current 'flag expeditions' can be found on the Club's website at <http://www.explorers.org/expeditions/field/field2007.php>

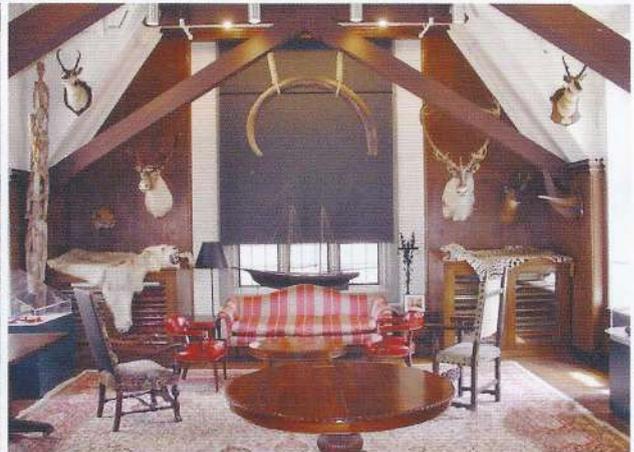
**Website:** <http://www.explorers.org>



*Exterior*



Trophy room, looking ENE



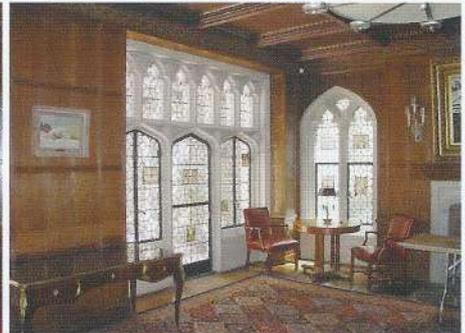
Trophy room, looking WSW



Members lounge



Polar bear



Library

For more information please contact the Membership Department at [membership@britishclubbangkok.org](mailto:membership@britishclubbangkok.org)

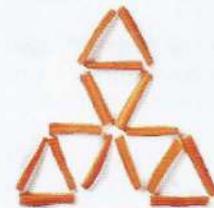
If you regularly visit an overseas club that is not already reciprocal with the British Club, please do let the Club know and we will see if reciprocation can be arranged.

### Tokyo American Club: Temporary Closure due to Redevelopment

Further to the note on the Club's Redevelopment in the August *Outpost* (p 41) Tokyo American Club has recently advised that it anticipates a closure from 26<sup>th</sup> December 2007 through 11<sup>th</sup> January 2008 and apologizes for any inconvenience to visitors. (For more information, see the Club's redevelopment website at <http://www.tokyoamericanclub2010.org/welcome.html>)

### Carrot stick brainteaser

(from page 14) – SOLUTION



## Introducing new staff . . .



**Suwadee Mekmantana** ("you can call me **Su**") has joined the British Club as Membership Sales Manager, following a couple of years in the hotel industry. You can contact Khun Su directly at the Membership Services Office at your convenience.

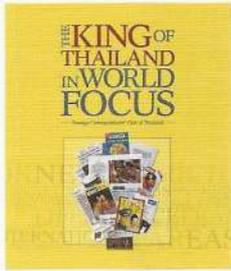


**Nualtida Karnjanakul** ("**Woon**") (which means 'Jelly' in Thai) has also joined the British Club as Membership Sales Manager. Khun Woon has a background in the real estate industry and says she enjoys meeting new people.



**Ratchaneekul Yamkate** ("you can call me **Koy**") has worked in the hotel industry for a year as Catering Co-ordinator and joins the British Club as F&B Secretary/Events. Khun Koy (which means 'little finger' in Thai) is the person to contact for all your F&B and catering needs.

# Book Reviews



## THE KING OF THAILAND IN WORLD FOCUS

**Foreign Correspondents' Club of Thailand**  
**Bt.1,450**

A fascinating look at the life of the world's longest-reigning monarch, His Majesty King

Bhumibol Adulyadej of Thailand, through five decades' of international media coverage.

Put together by the Foreign Correspondents' Club of Thailand – arguably the most active foreign journalists' association in Asia – this book draws on more than 160 news reports on His Majesty the King, from sources such as Associated Press, Reuters, The Economist, Far Eastern Economic Review, New York Times, and more.

Designed in a news-style format, and complimented with more than 370 photographs, this 269 page book provides a unique insight into His Majesty the King's life, and into the social, political and economic development of Thailand, in the 58 years since his coronation.

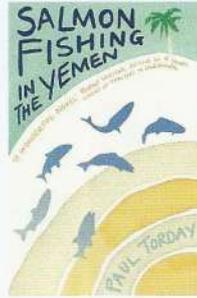
It is, without a doubt, the most objective book on His Majesty the King available in Thailand. Reportage follows him from the tragic death of his brother King Ananda Mahidol; through Thailand's negotiations of the tumultuous Indochina wars; numerous military coups, and the horrors of the 1973, 1976 and 1992 massacres.

Coverage includes the formation of a new constitution and the economic meltdown of 1997, through the Thaksin era to the present day.

In-depth reporting of the King's Projects and His Majesty's sustainable development programmes is included.

A fantastic book that is strongly recommended for anyone wanting to know more about this fascinating country.

All profits from the book will be donated to His Majesty King Bhumibol Adulyadej's charities, the remainder to the FCCT's educational funds.



## SALMON FISHING IN THE YEMEN

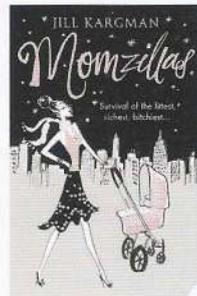
**By Paul Torday**  
**Bt.299**

Mild-mannered and unimaginative Dr. Alfred Jones, a fisheries specialist, receives a letter asking for his participation in a project to introduce Scottish salmon and the sport of salmon fishing into the wadis of the Yemen during the yearly rains. Finding the whole idea ludicrous he ignores the letter, until the Foreign

and Commonwealth Office and eventually the prime minister weigh in.

Through letters, e-mails, memos, diary entries, newspaper articles, records of the House of Commons, interviews, and even intercepted al-Qaeda e-mail traffic, the story of Alfred's efforts to create a suitable environment for salmon in the mountains of western Yemen unfolds.

Despite the story's unlikely premise, this is a delightful satire that pokes fun at every aspect of British society. With a wickedly wonderful cast of characters - a visionary Sheikh, a manipulative spin doctor and Fred's devilish wife - this is a novel about hypocrisy and bureaucracy, and the transforming power of faith and love. It's a lot of fun and was widely admired when first published at the end of last year.



## MOMZILLAS

**By Jill Kargman**  
**Bt.299**

When Hannah's husband Josh gets offered a job at an investment bank, she's happy to abandon West Coast life for the bright lights of New York. But motherhood in Manhattan is a whole different ball game – in fact for the wealthy women of high society, it's practically an Olympic sport!

In a world where how you look is everything, our likeable heroine falters as she encounters "Reximoms" (mothers who drop the baby weight in two weeks or less), "Nannyjackers" (mothers who try to steal other people's nannies – not unlike Bangkok then) and Momsicles (cold-hearted mothers who never cuddle their kids).

Overwhelmed, when an old flame re-enters her life, who can blame her for wondering what might have been? Like a cross between The Devil Wears Prada and The Rise and Fall of a Yummy Mummy, this is a funny and sassy way to while away the rainy season.

*Editor's Note: This month's book reviews are generously provided by B2S bookstores*

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# HELLOS

## Welcome Aboard!

*Please join us in welcoming the following new members and their families. We look forward to seeing them around the Club.*

1. Jonathan & Juliet Rigg
2. Raymond & Jennifer Harries
3. David & Judy-Anne Baguley
4. Lucie & Matthew Clark
5. Ashley Mawby
6. Peter Mitchell
7. David & Min Min Newcombe
8. Thomas & Marianne Gullacksen

# and GOODBYES

## Farewell and best wishes to . . .

1. David & Hazel Jessop
2. Chin Poh & Nyuk Yin Tan
3. Jeff & Mary Ann Ressin
4. Andrew & Jennifer Winder
5. Geoff & Sara Painter
6. Thomas & Laurie Cerami
7. Thomas & Sophie Bingham
8. Peter & Caroline Reynolds
9. Ray Coleman
10. Steve & Lynne Coward
11. Steve & Kathrin Gamble
12. Mohamed & Julfika Asraf
13. Jigesh Shah
14. Maneeya Herman



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## “Check the box” training

by Al Lock

In my last column, I mentioned “check the box” training. What do I mean by that? Well, I’m referring to training that is required, either by company directive or by law. Do you have safety training that must be conducted every quarter? That’s “check the box” training, because when it is completed someone ticks that one on the list.

Sometimes, this sort of training is taken very seriously and every effort is made to get the best quality of training to fulfill the requirement. Other times, this sort of training is run as cheaply and as quickly as possible in order to get that box checked. I’ve even seen both of these attitudes in the same company. For those of you who are responsible for training, I’ll bet you have seen these attitudes too. Which attitude you’ve seen usually has to do with the perceived value of the training.

If the training is perceived as important, it is taken seriously and efforts are made to make it successful. If the training is perceived as unimportant, just a chore that has to be done, then the cheapest and quickest solution will be used (which reinforces the perception that it isn’t important).

How do we form our perceptions of training? For most people, the biggest influence on their attitude towards training is the attitude of their immediate boss towards that training. If the boss ducks out on the fire drill, will the employees consider it important?

Now, I’m not suggesting that some “check the box” training shouldn’t be filled with the cheapest solution available. If you must provide English training to workers who never use English, use the cheapest solution available. Language that isn’t used is lost, so why spend a lot training people in a language they don’t have an opportunity to use? On the other hand, if you have a requirement for presentations training by the people who make presentations to the Board of Directors, you might want to invest in the best training possible. Really, you have to weigh the return on investment from quality training vs. the return from poor training. And sometimes that return isn’t in money terms.

Next column, I’ll write about the process of building effective training, and pass on some ideas that I’ve picked up over the past 30 years. I hope you find it interesting.



*Editor's notes: Al Lock is the managing director of NLI Communication Ltd., a training consultancy that specializes in delivering custom-built communications and behavioral-change training to corporate clients.*

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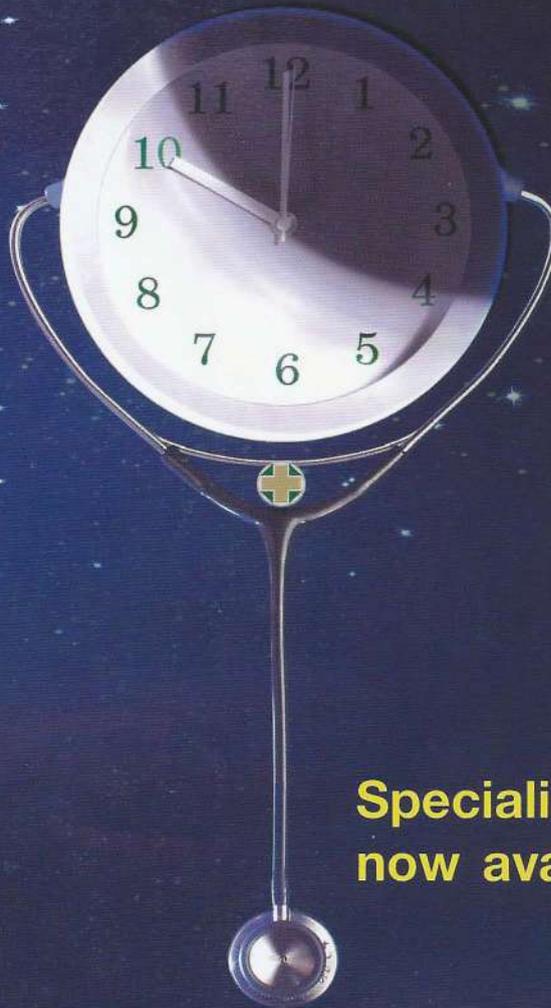


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